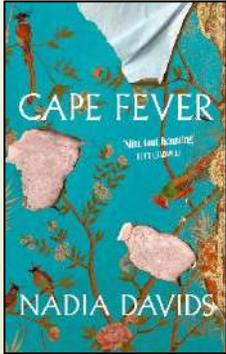


Jonathan Ball Publishers

January & February 2026 Highlights

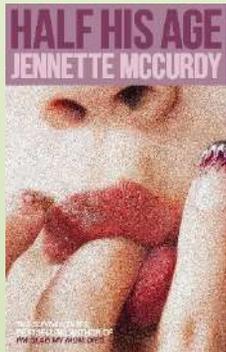
Fiction



Cape Fever by Nadia Davids
9781398554238 | Simon & Schuster | TPB | R360

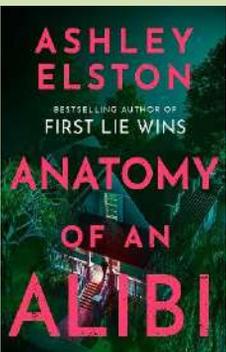
1920, a small, unnamed city in a colonial empire. Soraya Matas believes she has found the ideal job as a personal maid to the eccentric Mrs Hattingh, who's beautiful, decaying home is not far from the Muslim quarter where Soraya lives with her parents. As Soraya settles into her new role, she discovers that the house is alive with spirits.

While Mrs Hattingh eagerly awaits her son's visit from London, she offers to help Soraya stay in touch with her fiancé Nour by writing him letters on her behalf. So begins a strange weekly meeting where Soraya dictates and Mrs. Hattingh writes, a ritual that binds the two women to one another and eventually threatens the sanity of both.



Half His Age by Jennette McCurdy
9780008617707 | HarperCollins | TPB | R410

Waldo is ravenous. Horny. Blunt. Naive. Wise. Impulsive. Lonely. Angry. Hurting. Endlessly wanting. And the thing she wants most of all? Mr. Korgy, her creative writing teacher. Mr Korgy, with the wife and the kid and the mortgage and the bills, with the dead dreams and the atrophied looks and the growing paunch. She doesn't know why she wants him. Is it his passion? His life experience? The fact that he knows books and films that she doesn't? Or are they actually kindred spirits, sharing the same filter with which they each take in the world around them? Or, perhaps, it's just enough that he sees her when no one else does. Startlingly perceptive, mordantly funny, and keenly poignant, *Half His Age* is an incisive study of a yearning seventeen-year-old who disregards all obstacles in her effort to be seen, to be desired and to be loved.



Anatomy of an Alibi by Ashley Elston
9781035420773 | Headline | TPB | R395

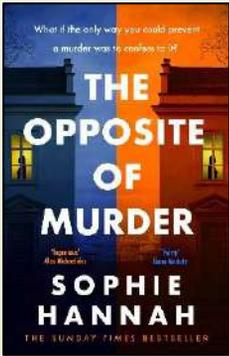
Camille Bayliss suspects her husband Ben hides a dark secret. But as he tracks her every move, she cannot prove it.

Aubrey Price believes lawyer Ben Bayliss knows the truth about the night that wrecked her life a decade ago. But she needs a way in.

When Camille and Aubrey meet, they hatch a plan. For twelve hours, Aubrey will take Camille's place. Ben will track the wrong woman, Camille can spy on Ben, and both women will get their answers. Except the next morning, Ben is found murdered.

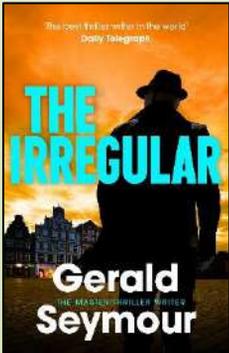
Two women need an airtight alibi, but only one of them has it. And one false step is all it takes for everything to come undone...

Fiction



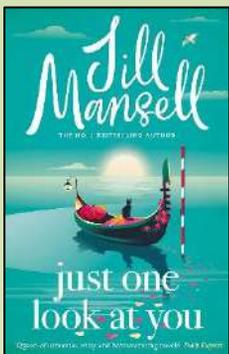
The Opposite of Murder by Sophie Hannah
9781529352962 | Hodder & Stoughton | TPB | R425

What if the only way to prevent a murder is by confessing to it? Jemma Stelling has confessed to a murder, one she can't have committed. She has an unshakeable alibi: when Marianne Upton was stabbed to death outside her home, Jemma was at the police station confessing to a murderous obsession with Marianne and a plan to kill her in precisely the way she was killed. So is Jemma innocent? Or is she an ingenious, cold-blooded murderer? Can someone be guilty of the opposite of murder?



The Irregular by Gerald Seymour
9781399743754 | Hodder & Stoughton | TPB | R470

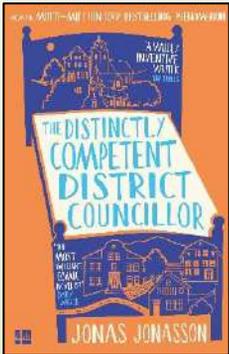
Wilson is dreaming of one last, game-changing shipment of heroin into the UK. The Met turn to the outside for help. Jonas Merrick is an MI5 officer, unspectacular in his own right but spectacular in the success he's had in dangerous counter terrorist operations. Can he thwart the drugs plot? Jonas has an ace in the hole: Kenny 'Chopper' Harris is an ex-paratrooper and soon to be ex-member of the Flying Squad, looking for a new home, new loyalties. Jonas recruits him to get close to Wilson's Achilles's heel: Julie Wilson is the heir apparent to the family drugs empire and Lachy's go-between. Julie, like Chopper, is a lost soul, she dreams of life outside her father's brutal orbit. Her fate is about to change at their first meeting. A bond is formed, a resolution is made: Chopper will get her free of her family, if she'll betray her mission.



Just One Look At You by Jill Mansell
9781035410040 | Headline | TPB | R385

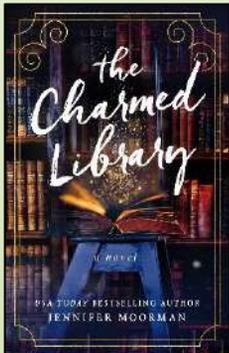
Fen can't believe her luck. A luxury holiday with her beloved grandmother Disa, what could be more delightful? It doesn't cross her mind that she might fall in love. Or that love can bring complications . . . Jamie can't help it that women always fall for him, rather than for his kind-hearted friend Leon. Nor that only one of them got the looks (that would be Jamie). But how will he feel if the girl he's drawn to only has eyes for Leon? Disa has a secret. A few weeks ago, an old letter in a file revealed a shocking truth about her late husband. She's come to Venice to find out more. There's news on the way that will reverberate through all their lives, as Jill Mansell's joyful, heartbreaking new novel takes readers on a roller coaster ride of emotion and makes us believe in love again.

Fiction



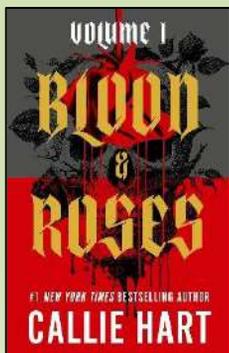
The Distinctly Competent District Councillor by Jonas Jonasson
9780008767372 | HarperCollins | PBO | R300

All over the world, people sleep blissfully in Traumbett beds. These marvellous feats of German engineering have successfully cornered the mattress market everywhere. Everywhere, except Sweden and owner Konrad Kaltenbacher Jr is desperate to expand there. With Konrad Jr's sights set firmly on stylish Stockholm, Julia Bäck, district councillor of the small, decaying town of Halstaholm, has plans of her own. Seeing an opportunity to attract 800 new jobs, Julia jumps into spearheading a persuasive campaign to win the contract. A roundabout is hastily renamed in honour of Angela Merkel; a German school is quickly established under the leadership of a ten-year-old boy and three elderly pensioners; and the town swimming pool is rapidly transformed into a beerhouse it had been empty for years anyway! Julia's get-up-and-go impresses the German boss ... but has she made herself a tricky bed to lie in?



The Charmed Library by Jennifer Moorman
9781400343669 | HarperCollins Focus | TPB | R380

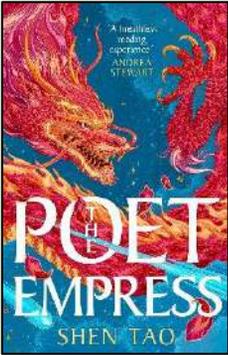
In Blue Sky Valley, North Carolina, the local library hides an extraordinary secret, its fictional characters come to life. Stella Parker, an assistant librarian mourning her father's death and a recent breakup, is unaware of this magic. Words have always appeared around her in vivid colors and shapes, revealing people's emotions, but after she accidentally burns her journal, the words turn chaotic and painful. One night, she meets Jack Mathis, a World War II soldier and the hero from her favorite novel, now standing before her as a real person. Jack reveals the library's enchantment, but when Stella recklessly summons a villain, she endangers them all. As she learns the truth about the library's magic and her connection to it, Stella must confront loss, love, and the fleeting nature of stories. Every character can only stay for fourteen days, and Jack's time is running out.



Blood & Roses Volume 1 by Callie Hart
9781399754781 | Hodder & Stoughton | BPB | R325

As one of Seattle's most dangerous, feared men, Zeth Mayfair always carried out the jobs he was sent on without a second thought. Drugs? Guns? Dirty money? All fair game. But even his warped moral code has its limits. When Zeth's employer decides buying and selling kidnapped women is a lucrative sideline, Zeth's usually uncomplicated life suddenly becomes very complicated indeed. And his biggest complication goes by the name of Sloane Romera. Sloane desperately needs to find her sister. And she knows she can't do it alone. Zeth is terrifying, scandalously hot, and comes fully loaded with a terrible attitude and wicked smile. It also looks like he's Sloane's only hope. Can she work with the guy without getting herself killed, losing her job, or falling head over heels in love?

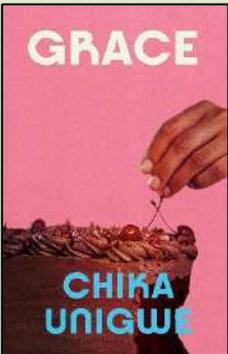
Fiction



The Poet Empress by Shen Tao
9781399628976 | Orion | TPB | R395

As the emperor lays dying, the once-great Azalea Dynasty plunges towards civil war. While its princes plot for power, a more hidden war to become the next empress occupies the imperial court. Wei Yin, a peasant girl turned concubine to the cruel Prince Terren has already endured unimaginable suffering. Ripped from her family, she has no title, no allies, and no escape. But she does have a secret . . .

In the shadows of the palace, surrounded by enemies, she is learning a skill forbidden to women. Because when words are weapons and poetry holds an ancient magic, the fate of a girl and a nation can both be rewritten. All she has to do is compose the perfect poem, a tale so powerful, it can kill any man, even the next emperor.



Grace by Chika Unigwe
9781837261925 | Canongate | TPB | R370

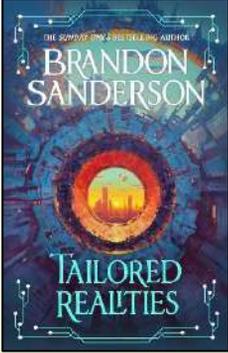
It is Baby's birthday, but *Grace* has not seen her first born in twenty-six years. Now a wife, mother to twin daughters and the owner of a successful medical clinic, *Grace* has carefully constructed a new life. And now, the secret she's kept for decades is about to resurface and it could destroy everything. *Grace* was only fifteen when she got pregnant and, under pressure from her parents, gave Baby away. Unable to forgive their decision, she cut them off completely. Now, when *Grace's* estranged mother walks back into her life unannounced, the fragile existence she spent years building begins to unravel. *Grace* is a story about motherhood, finding meaning for yourself and fighting for the people that you love.



The Once and Future Queen by Paula Lafferty
9781399746021 | Hodder & Stoughton | TPB | R425

After the sudden death of her boyfriend, Vera is content to fade into the background, washing sheets and cleaning bathrooms in a Glastonbury hotel. But when a mysterious guest reveals himself as Merlin and whisks her back to seventh-century Camelot, everything changes. He insists she's not just Vera, she's Guinevere, and only she can undo the curse draining the kingdom's magic and save Camelot from the will of a power-hungry mage. There's just one problem: Vera remembers nothing of her past life. And with Camelot teetering on the edge of collapse, time is running out. As Merlin works to restore her memories, Vera uncovers a tangled history of betrayal, power, and heartbreak. Why does King Arthur recoil at her presence? What truly happened the night the curse was cast? And why does every answer feel like it's tearing her in two?

Fiction

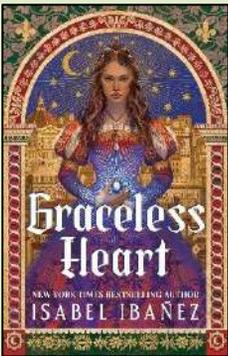


Tailored Realities by Brandon Sanderson
9781399633239 | Orion | TPB | R450

Spanning the genres of fantasy and science fiction, this collection features stories from beyond the bounds of Brandon Sanderson's Cosmere universe.

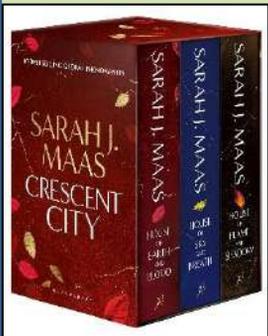
Along with the never-before-seen novella 'Moment Zero', *Tailored Realities* will include 'Snapshot', 'Perfect State', 'Defending Elysium' (a novella set within the world of Skyward), and five other stories that were originally published individually elsewhere - never before collected into one volume, and many never before available in print.

The collection will also include a stunning black-and-white illustration for each story.



Graceless Heart by Isabel Ibañez
9781399742696 | Hodder & Stoughton | TPB | R440

In 15th-century Volterra, sculptress Ravenna Maffei enters a competition hosted by a secretive, immortal family who offer an invaluable boon to the victor. Desperate to win so she can save her brother, Ravenna reveals a rare magical talent, a dangerous act in a city where magic is forbidden. Her revelation makes her a target, and she is kidnapped by the Luni family and taken to Florence, a city of breathtaking beauty and cutthroat ambition. There, Ravenna is forced into an impossible task where failure means certain death at the hands of Saturnino dei Luni, the family's enigmatic and merciless heir. But under his cold reserve hides a vulnerability that draws her closer than she ever intended. Meanwhile, Ravenna's forbidden magic does not go unnoticed.



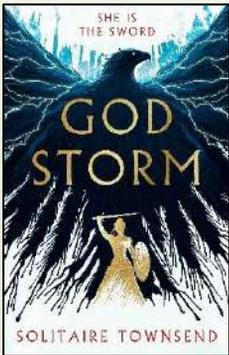
Crescent City Paperback Box Set by Sarah J. Maas
9781526685681 | Bloomsbury | PB | R1035

Bryce Quinlan loves her life. Every night is a party, and Bryce is going to savour all the pleasures Lunathion, also known as *Crescent City*, has to offer. But when a brutal murder shakes the very foundations of the city, Bryce's world comes crashing down.

Two years later, Bryce still haunts the city's most notorious nightclubs, but seeking only oblivion now. Then the murderer attacks again. And when an infamous Fallen angel, Hunt Athalar, is assigned to watch her every footstep, Bryce knows she can't forget any longer.

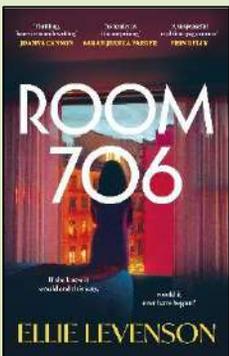
As Bryce and Hunt fight to unravel the mystery and their own dark pasts, the threads they tug ripple through the underbelly of the city, across warring continents and down to the deepest levels of Hel, where things that have been sleeping for millennia are beginning to stir.

Fiction



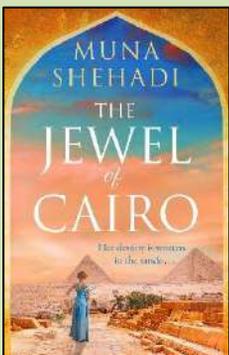
Godstorm by Solitaire Townsend
9781835012604 | Bedford Square | TPB | R430

In an oil-fuelled Roman Empire which never fell, Arrow, a gladiatrix turned governess must rescue Livy, the child she never meant to love, a girl who could tear down the world. When Livy is abducted during a devastating *Godstorm*, Arrow must unleash years of the gladiator training she'd sworn to forget in order to save her. Defying her owner, a heartless Consul, Arrow turns to her ex-lover and the illegal druid underworld in a desperate attempt to rescue the girl she has tried not to think of as her own. Her search will take her across Londinium, a city of petrol-powered chariots, to the pagan Old Town, and eventually the edge of the known world: the Amazon, where destiny and destruction intertwine. Facing battle and betrayal Arrow must choose: reclaim her past as a killer, or risk everything for the child who might call her 'mother.'



Room 706 by Ellie Levenson
9781035423651 | Headline | TPB | R395

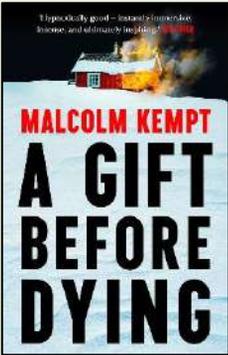
Kate stretches her legs and turns on the TV while James washes away the traces of their morning. She watches in horror at the unfolding news: the hotel they are staying in has been taken under siege. She should be making her way home, working on appearing normal, getting ready to re-enter family life with her loving husband Vic and their two adored children. Instead, she is trapped somewhere she shouldn't be, with a man she definitely doesn't love. How will she begin to tell Vic what she is doing here? If her body is found, will it give up the secret of what she's been up to? She's been so careful hiding the evidence of her affair: write nothing down, leave no trace. Will he begin to understand why? For now, Kate can only hide, take a deep breath, and reflect on the series of choices she's made that have brought her to this moment. What will her marriage and her life look like, if she makes it out?



The Jewel of Cairo by Muna Shehadi
9781035407804 | Headline | TPB | R425

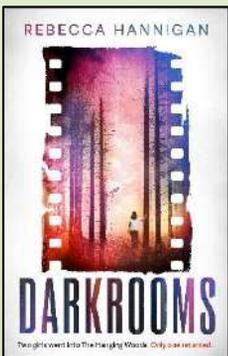
Cairo 1915. A wealthy Egyptian jeweller commissions a Fabergé egg as a wedding anniversary gift to his "queen."
Cairo 1976. After leaving Paris, Lilianne is recruited by the CIA to keep tabs on a charming, corrupt jeweller. But when a betrayal renders Cairo unsafe, Lilianne and a broken Gilles must leave for the US, unaware they are carrying priceless cargo.
Southport, Connecticut present day. Decades later, Sophie has lost everything; her husband, her house, and her picture-perfect life. When her parents' old friend Helen visits with an exquisite antique doll, Sophie discovers a stunning treasure and a truth about her birth mother that sends her on a journey of self-discovery.

Fiction



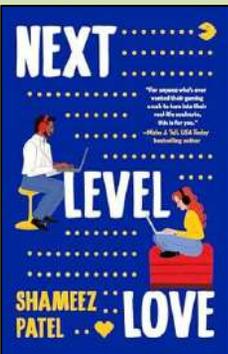
A Gift Before Dying by Malcolm Kempf
9781399829755 | John Murray | TPB | R395

After a botched high-profile murder investigation, Sergeant Elderick Cole is exiled to the remote, rugged landscape of Nunavut, a vast territory in the Arctic Circle known for its untamed beauty, frigid temperatures, and endless winter nights. His bleak existence takes a sinister turn when he discovers the hanging body of Pitseolala, a troubled Inuit girl whom he had sworn to protect. Her death dredges up demons he thought he'd buried along with the scars of a fractured marriage and the aching divide between himself and his estranged daughter. As Cole's life unravels and with it, the fragile thread of his investigation, he turns to Pitseolala's younger brother, Maliktu, a fellow outsider. It's then that Cole uncovers what binds them: a singular mission to find her killer. Against fierce backlash, Cole's overriding desire to redeem just one aspect of his otherwise failed life becomes an obsession and he's willing to break every rule in his unyielding pursuit of justice and the smallest shred of redemption.



Darkrooms by Rebecca Hannigan
9781408733790 | Little Brown | TPB | R395

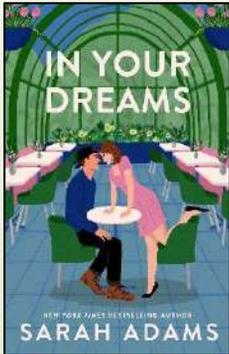
Twenty years ago, Caitlin vowed never to return to her small Irish hometown. Now she drifts from temporary jobs to temporary men, trying to escape memories of the Hanging Woods. Of what happened to Roisin there. But with news of her estranged mother's sudden death, Caitlin is forced to return home, back to the town where everyone knows each other's business and old resentments run deep. Roisin's sister Deedee, now a Garda, has never given up on finding the truth of what happened in those woods. And Caitlin's return makes old wounds fresh, threatening to exhume secrets that have lain buried for two decades - while the Hanging Woods begin their siren call to Caitlin and Deedee once more.



Next Level Love by Shameez Patel
9781538768402 | Hachette USA | PB | R345

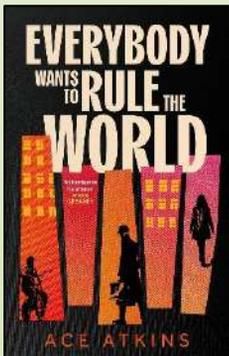
Elizabeth Gordon-Bettencourt is rebuilding her life on her own terms, starting with a new internship, a shot at her dream job as a civil engineer, and a whole lot of distance from her family's drama. With her life full of change, the one constant is @theanswerisno, a charming gamer who seems to just . . . get her. Even if he has no interest in meeting her in real life. Elizabeth would feel a lot more confident about her job if her new boss wasn't so hard to read. Lincoln Carden is quiet, demanding, and adamant about avoiding small talk, especially in the office. What she doesn't know is that online, he's someone else entirely: quick, confident, and a little bit flirty. And his favorite player to team up with is @pancakesareelite, the one person who never makes him feel like he has to try so hard. As their two worlds start to collide, Elizabeth and Lincoln start to wonder: with their careers on the line and their online friendship at risk, is a romance IRL worth it?

Fiction



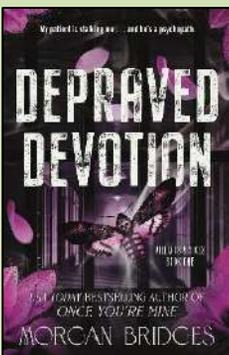
In Your Dreams by Sarah Adams
9781035409082 | Headline | BPB | R305

Madison Walker was determined to make it in the culinary world of New York. But with her dreams shattered, she returns home to Rome, Kentucky, where an unexpected chance to rebuild her life awaits her, a head chef position at a new farm-to-table restaurant. The only catch? The job offer comes from the owner of Huxley Farm, her brother's best friend . . . and the last person she wants to work for. James Huxley has always done what's expected of him in the family business, until now, when Madison's happiness is on the line. He's loved her quietly for years; she's never seen him as more than an annoyance. Now that she's back, he's determined to change that. The one problem? His charming, wildly successful younger brother, Tommy, seems determined to win her over first.



Everybody Wants to Rule the World by Ace Atkins
9781472159267 | Little Brown | TPB | R395

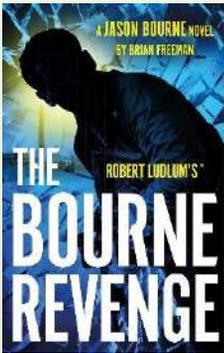
Gary isn't in the phone book, has an unidentifiable European accent, and keeps a gun in the glove box of his convertible Porsche. Peter thinks Gary only wants to get close to his mom because she works at Scientific Atlanta, a lab with big government contracts. But who is going to believe him? He's just a kid into BMX and MTV. But after another woman who works at the lab is killed, Peter recruits an unlikely pair of allies: a has-been pulp writer named Dennis Hotchner and his drag performer buddy and heavy, Jackie Demure. Both soon become the target of an unhinged Russian hitman (is it Gary? Maybe!) with a serious Phil Collins obsession. Meanwhile, Sylvia Weaver, a young, Black FBI agent, investigates Scientific Atlanta in the wake of the employee's murder and discovers a nest of Russian spies. Little does she know her investigation is being thwarted by a seriously compromised colleague...



Depraved Devotion by Morgan Bridges
9781398729216 | Orion | PBO | R295

I've dedicated my life to understanding the darkest corners of the human psyche, but nothing prepares me for him. Ghost. The man is a brilliant, ruthless serial killer who thrives on chaos. Just like his cult following enrapt by his brutality and beauty, he's completely unhinged. And he's obsessed with me. So, when Ghost turns himself in and demands to speak to me, I'm forced to confront the beautiful monster sitting across the glass. And the one inside—the one lurking in my own fractured soul. Ghost's rapt attention brings goosebumps to my skin and sends chills down my spine. I choose to believe my reaction is based in fear. When I'm alone in bed, it's harder to convince myself. As boundaries fade and the line between doctor and patient blurs, I'm faced with a question: What am I willing to pay to unveil the truth about my haunted past? Because to Ghost, the price is me. All of me.

Fiction

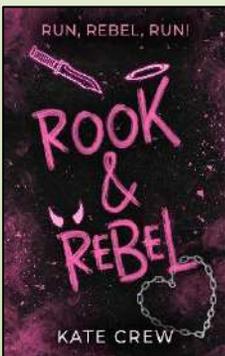


Robert Ludlum's: The Bourne Revenge by Brian Freeman
9781035920082 | Head of Zeus | TPB | R475

The new international spy thriller in the world-famous Jason Bourne series from the world of *Robert Ludlum*. Bourne's latest mission is not only deadly... it's personal.

KILLING IS PART OF JASON BOURNE'S JOB. BUT THIS TIME IT'S PERSONAL.

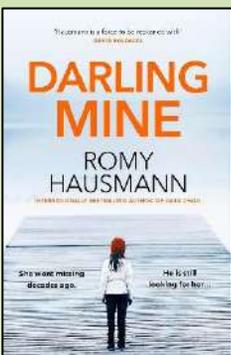
When his lover, Johanna, is murdered, Jason Bourne finds himself drawn into a murky world as he pursues a revenge more personal than anything he has felt before. But can he unravel the reasons behind Johanna's death in time, or will more people die unnecessarily?



Rook & Rebel by Kate Crew
9781035435913 | Headline | BPB | R305

Regan: I used to have big dreams. Finish college, make beautiful art, and take over my dad's business. But his illness wasn't part of the plan. Neither was his sudden need to keep me locked up in his mansion. Until one night, I came face-to-face with a street biker. Rook Emberson is everything I should fear, yet he's the only one who's ever made me feel alive. But loving him means risking everything.

Rook: Revenge has always been my plan. I've spent years plotting the perfect way to take back everything Regan Fletcher's father stole from me. When fate puts us together, I know I've found the key to his destruction. Regan is everything I didn't expect, and my plans begin to unravel. What starts as a twisted game of vengeance turns into an obsession.



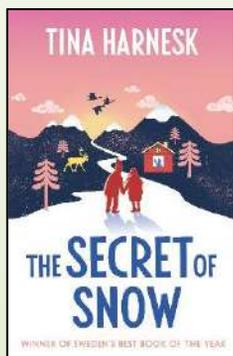
Darling Mine by Romy Hausmann
9781529446715 | Quercus | TPB | R450

Julie Nowak has been missing since 7th September 2003. It broke her family. Only her father, Theo, doesn't give up on her. On the 20th anniversary of her disappearance, Theo is contacted by podcaster Liv. She's come across a new lead. But if Theo wants to find out the truth he must be quick before his progressing dementia smothers everything in darkness.

Who has taken his daughter? Why does Julie's ex-boyfriend Daniel keep his mother's bedroom door locked, years after she passed away?

And is there anything more gruesome than the uncertainty of not knowing what happened to your own child?

Fiction



The Secret of Snow by Tina Harnesk
9781398717787 | Orion | TPB | R395

Meet Máriddja: eccentric, eighty-five years old, and facing a cancer diagnosis. She's determined to keep the truth about her illness from her dear husband Biera, while also finding someone who can take care of him once she's gone.

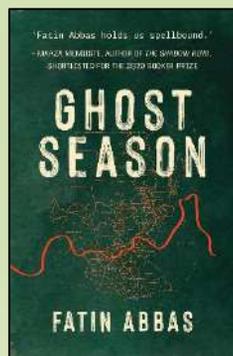
Meet Kaj: a new transplant to the village, recently engaged to Mimmi, and mourning the death of his mother. One day, when Kaj unexpectedly finds a box of Sámi-the indigenous people of Scandinavia-handicrafts belonging to his mother, he unlocks something he never anticipated, something that will change his life for years to come.



The Riviera Secret by Sarah Steele
9781035413034 | Headline | TPB | R425

Nestled into the pine-dusted coastline of the Cap d'Antibes is the dazzling white Chateau Violette. When British diplomat Lord Harry Castlemere, his young Jewish wife Daisy and their four-year-old son move into the chateau in the summer of 1938, their home becomes a beacon for the glamorous expat set, rife with gossip about the Windsors, and everyone in denial about the grumblings across the border in Italy and northern Europe.

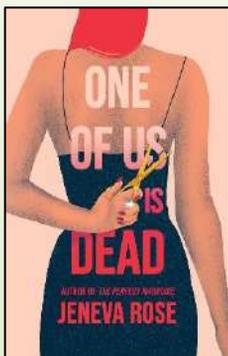
But as Germany tightens its grip on Europe, Daisy discovers the chateau holds a dark past that could threaten her future. While she unravels the tragic secrets of the previous mistresses of Chateau Violette, war begins to rage across the continent, and soon, no one is safe, least of all Daisy...



Ghost Season by Fatin Abbas
9781914344770 | Jacaranda | PBO | R305

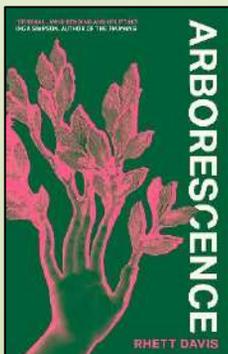
A mysterious burnt corpse appears one morning in Saraaya, a remote border town between northern and southern Sudan. For five strangers on an NGO compound, this discovery foreshadows more trouble to come. Everyone has a different story. William, a South Sudanese translator, connects the corpse to the sudden disappearance of cook Layla, a nomad from the north with whom he's fallen in love. Amidst the chaos, Dena, a Sudanese-American filmmaker, struggles to find a connection with her homeland. There is Alex, a white aid worker from the American Midwest whose plans in the country are derailed by a rapidly changing climate and an impending civil war. And then there is Mustafa, a precocious twelve-year-old boy, whose plans to escape poverty set off a series of cataclysmic events on the compound. Living in a Sudan riven by conflict presents challenges for William, Layla, Dena, Alex and Mustafa. To overcome them, they must forge bonds stronger than the blood they don't share.

Fiction



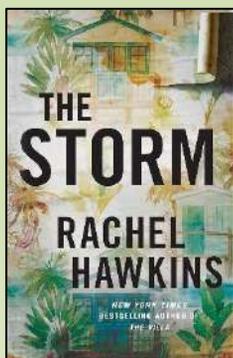
One of Us Is Dead by Jeneva Rose
9781398723689 | Orion | PBO | R305

Meet the women of Buckhead a place of expensive cars, huge houses, and competitive friendships. Shannon was once the queen bee of Buckhead. But she's been unceremoniously dumped by Bryce, her politician husband. When Bryce replaces her with a much younger woman, Shannon sets out to take revenge ... Crystal has stepped into Shannon's old shoes. A young, innocent Texan girl, she simply has no idea what she's up against ... Olivia has waited years to take Shannon's crown as the unofficial queen of Buckhead. Finally, her moment has come. But to take her rightful place, she will need to use every backstabbing, manipulative, underhand trick in the book ... Jenny owns Glow, the most exclusive salon in town. Jenny knows all her clients' secrets and darkest desires. But will she ever tell? Who amongst these women will be clever enough to survive Buckhead and who will wind up dead? They say that friendships can be complex, but no one said it could ever be this deadly.



Arborescence by Rhett Davis
9780349725314 | Little Brown | TPB | R450

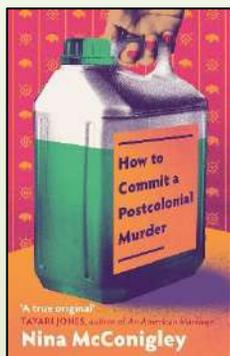
What makes a person want to be a tree?
Bren and his partner Caelyn are feeling at a standstill in their lives. One day they come across a video of people in the forest who believe that if they stand still for long enough they will transform into trees. The idea is absurd. But it's spreading. Soon, people start to go missing and trees appear in unlikely places. As cities decay and the world becomes greener, Caelyn becomes more and more convinced that arborescence is exactly what will save the planet from human destruction. Bren isn't so sure. Drifting apart, Bren and Caelyn are forced to question what it really means to be human - and if they are ready to stand still.



The Storm by Rachel Hawkins
9781035440443 | Headline | PBO | R305

St Medard's Bay, Alabama is famous for three things: the deadly hurricanes that regularly sweep into town, the century-old Rosalie Inn that has survived every one, and Lo Bailey, the local girl accused of murdering her lover in 1984. When hotel owner Geneva hears a true crime writer is in town to research the Landon Fitzroy case, she's less interested in solving a whodunnit than the business it could bring the Rosalie Inn. But August Fletcher doesn't come alone: with him is none other than Lo Bailey herself, returned to her hometown to clear her name once and for all. But the closer Geneva gets to Lo and August, the more she wonders if Lo is actually back to settle old scores. As summer heats up and another monster storm approaches, Geneva learns that people can be just as destructive as any hurricane and that the truth about what happened to Landon is not the only secret Lo is keeping...

Fiction



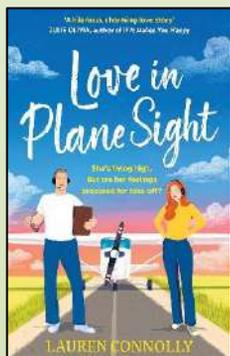
How to Commit a Postcolonial Murder by Nina McConigley
9780349725369 | Little Brown | TPB | R450

Summer, 1986. Tween sisters Georgie Ayyar and Agatha Krishna welcome their aunt, uncle and young cousin, newly arrived from India into their house in rural Wyoming where they'll all live together. Because this is what families do.

That is, until the sisters decide that it's time for their uncle to die.

To understand why, you need to hear Georgie's story. It's one of violence hiding in their house and history, of her once-unshakeable bond with her sister, of being an Indian-American girl in the heart of the West.

Her account is cheeky, unflinching and infectiously inflected with the trappings of teendom: pen pal letters, how-to guides, games of MASH and teen-magazine-style quizzes...

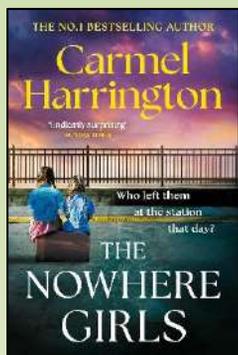


Love in Plane Sight by Lauren Connolly
9781529442069 | Quercus | PBO | R305

The last thing Beth Lundberg needs is feelings for her brother's best friend. But when he's forced to execute an emergency plane landing during her first ever ride-along, she's horrified to find herself with an adrenaline-fueled crush on George Bunsen.

Beth is even more shocked when George offers her discounted flight lessons. And, despite George's annoying habit of departing any room the moment Beth enters, she really wants to accept, flying is Beth's dream, even if she can't afford it.

The more time they spend navigating the sky, the more the turbulence between George and Beth dissipates. But Beth has seen the burning wreckage that comes from mixing business with pleasure. Can she really take that risk when her pilot career isn't even off the ground?



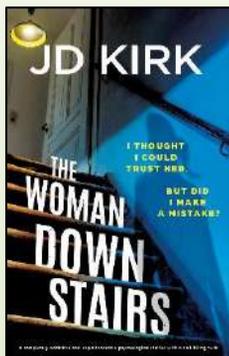
The Nowhere Girls by Carmel Harrington
9781035421428 | Headline | TPB | R425

On a cold afternoon in December 1995, two young girls are found abandoned on a platform at Pearse Station in Dublin.

Thirty years later, investigative journalist Vega is determined to find out what happened to the so-called 'Nowhere Girls'. Where did their mother go? Why did no one come forward to claim them? And where are they now?

Searching for answers takes her on a journey with twists she never could have imagined. And one that could put everything else she knows at risk; including her new relationship, her career, and her life as she knows it.

Fiction



The Woman Downstairs by JD Kirk
9781836187646 | Little Brown | PBO | R295

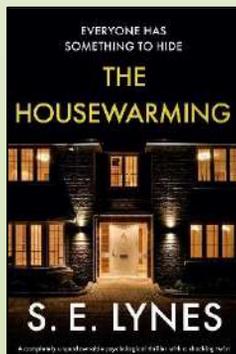
On the first day I meet my new neighbour, we share a glass of wine and talk into the night. We swap numbers and I vow to get to know her better. But as I get closer to her, I discover something about her past that changes everything. She isn't who I thought she was.

Then when I step into her home, my jaw drops. Everything in here is identical to my own flat, every cushion, every picture on the wall.

Except for the knife, covered in blood. My heart pounds in my chest. What has she done? What is she capable of?

I should never have come here. I should never have got close to her. I need to run.

But then I hear a creak outside the door. And I realise, it may be too late...

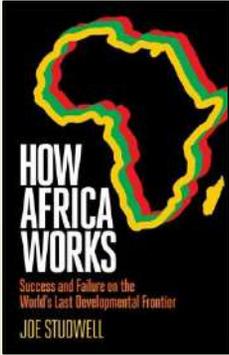


The Housewarming by S.E. Lynes
9781836187950 | Little Brown | PBO | R295

Ava only left her daughter in the pushchair for five minutes. The buckle was fastened, and she was sure it was safe. But when she came downstairs, the door was open and Abi was gone, she walked down the road, past the Lovegoods' house, and was never seen again. A year later, the Lovegoods are planning their long-anticipated housewarming party. Ava doesn't want to go. She can't bear to look down that end of the road, to see the place where Abi vanished, and she doesn't want to spend time with people who don't share her grief. Her husband Matt persuades her: he's worried about her. A night out might do her good. But as her friends and neighbours chat, and the drink and gossip flows, Ava learns something new about the day she has re-lived a thousand times. A throwaway comment which could change everything. Ava thought she knew every last detail of that day.

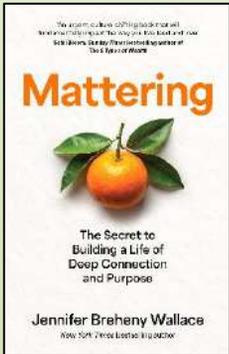
She's about to find out she was wrong...

Non- Fiction



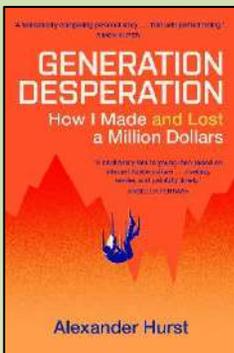
How Africa Works by Joe Studwell
9781805226772 | Profile | TPB | R450

The birth of new nations, independent democracies, the unprecedented growth of cities from Lagos to Cairo; the African continent is booming. So why do myths about underdevelopment, unproductive land and overpopulation remain? In a groundbreaking new study of Africa's developmental history, economist Joe Studwell debunks long-held views about the continent's presumed resistance to growth, charting monumental changes in government, demography and asset management. Considering everything from settler colonialism to soil conditions, mineral extractivism to disease development and eradication, Studwell persuasively argues that the seizing back of land, people and states across Africa, has also been the seizure of mass economic development. From slavery to independence and beyond, this is the definitive account of the world's second largest continent and an optimistic look to its future.



Mattering by Jennifer Breheny Wallace
9780008718831 | HarperCollins | TPB | R440

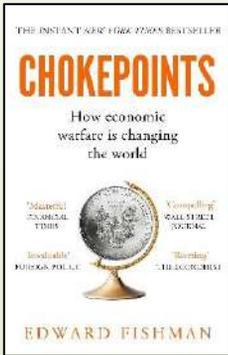
In a world where loneliness, burnout, and disconnection have reached crisis levels, Jennifer Breheny Wallace offers a transformative solution: mattering. Through vivid storytelling and groundbreaking research, *Mattering: The Secret to Building a Life of Deep Purpose and Connection* reveals how feeling seen, needed, and valued isn't just a nice-to-have' it's essential for our wellbeing and society's future. Filled with stories of individuals who have discovered the power of mattering, from the story of a fire chief who re-energized his emotionally exhausted team by helping them see their long-term impact, to a woman who transformed her grief into a movement helping thousands rebuild their lives, Wallace shows how mattering can be cultivated in every sphere of life. She demonstrates that when people feel they truly matter, that their presence and contributions are noticed, needed, and missed when they aren't there everything changes.



Generation Desperation by Alexander Hurst
9781399728294 | Hodder & Stoughton | TPB | R450

In 2020, Alexander Hurst was 29 years old and broke, living as a writer in a cramped Paris flat-share. There were murmurs that a global pandemic was coming. Financial stability seemed unattainable, so far removed from his reality, the reality of the generation who came of age during the 2008 financial crisis. On a whim, he poured his meagre savings into highly risky options trading. Within a year this small set of stocks was worth \$1.2 million. Enough to turn his life on its head, but not in the way he had imagined, as he began a slow-motion descent into losing it all. In exploring Alexander's remarkable rise and fall from wealth, *Generation Desperation* grapples with the vital questions of our age...

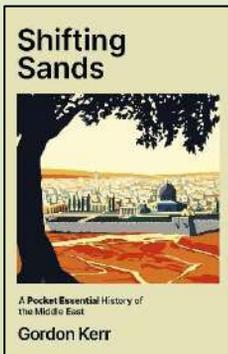
Non- Fiction



Chokepoints by Edward Fishman
9781783968930 | Elliott & Thompson | PB | R330

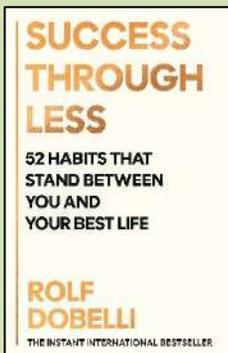
Chokepoints is a gripping behind-the-scenes account of one of the most pivotal geopolitical shifts of our time. Drawing on extensive research, personal experience and interviews with key players, Edward Fishman, a former top US State Department official, takes us deep into the back rooms of power around the world. He reveals how sanctions, tariffs and control over modern-day chokepoints – such as the US dollar, advanced microchip technology and critical energy supply chains – have become the primary weapons of twenty-first-century geopolitics.

This is the epic story of how America turned economics into a weapon and how China, Europe and Britain are now doing the same. Urgent and brimming with rare insight, *Chokepoints* is the definitive guide to the Age of Economic Warfare.



Shifting Sands by Gordon Kerr
9780857306166 | Oldcastle | PB | R280

Situated at the crossroads of three continents, the Middle East has confounded the ambition of conquerors and peacemakers alike. Christianity, Judaism and Islam all had their genesis in the region but with them came not just civilization and religion, but also some of the great struggles of history. *Shifting Sands: A Pocket Essential History of the Middle East* makes sense of the shifting sands of Middle Eastern History, beginning with the early cultures of the area and moving on to the Roman and Persian Empires; the growth of Christianity; the rise of Islam; the invasions from the east; Genghis Khan's Mongol hordes; the Ottoman Turks and the rise of radicalism in the modern world symbolized by the Islamic State. This updated and expanded new edition describes the turmoil of recent years including the October 7, 2023, attack on Israel by Hamas and the bloody and brutal Gaza War that followed.



Success Through Less by Rolf Dobelli
9781805463306 | Atlantic Books | PB | R290

Have you ever:
Got stuck in your career?
Said 'yes, sure' when you should have said 'sorry, no'?
Tried to change someone?
Listened to your inner voice?

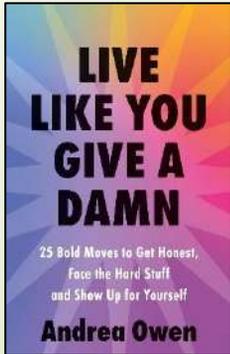
These are all examples of habits, decisions and behaviours that will derail your efforts to build a life of success, of better decisions, career and relationships; of happier and healthier living. In his new international bestseller, Rolf Dobelli reveals 52 of life's biggest mistakes, and shows why the key to living well is so much simpler than you might think. Just understand what the pitfalls are... then avoid them.

JanFeb 2026 Highlights



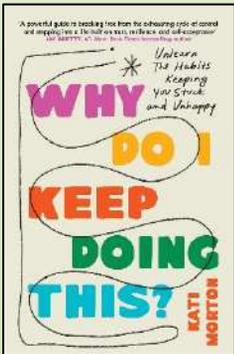
JonathanBallPublishers

Non- Fiction



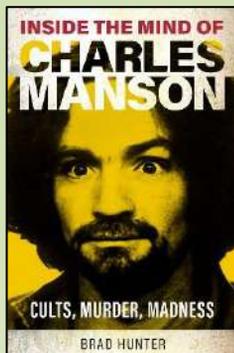
Live Like You Give a Damn by Andrea Owen
9781399748100 | Hodder & Stoughton | TPB | R470

Embrace the true grit and determination that live inside you and be proud of how you show up, every damn day. To "*live like you give a damn*" is to consciously stand in the power that is your one great life, to understand that your existence is not a dress rehearsal but the real show. Andrea offers straight-shooting advice on common beliefs and behaviours that may be tripping you up and keeping you stuck. From taking responsibility for your life to finding your motivation, saying what you mean, learning to parent yourself, treating your trauma with respect, and more, 25 behaviours are described, with specific advice to help you implement and practice a new way of living. It's every person's birthright to live a fulfilling life, one with joy, healthy relationships, and resilience. While life throws curveballs that may leave you feeling ready to settle for the status quo, the truth is that every day is our last chance to show up. Every day is a fresh start. Every day is an opportunity to live like you give a damn.



Why Do I Keep Doing This? by Kati Morton
9781035422005 | Headline | TPB | R470

In *Why Do I Keep Doing This?* licensed family and marriage therapist, Kati Morton, explores this common struggle with control. Kati shows how our upbringing and anxiety are often connected to our struggle to take up space. We can feel like we are too much by just existing in the same place as someone else, or that we are less deserving of their time and care. This struggle with asserting ourselves or taking what we require can harm our development. We sometimes think the only way to feel okay and get what we need is to please everyone else first. This book is a vital tool in helping us understand why control can be so attractive, but if left unmonitored can become detrimental to our lives. Kati will shed light on shared struggles as readers follow her through some key points of growth in her own life while incorporating what she has learned as a therapist and content creator who knows how to create lasting healthy change.

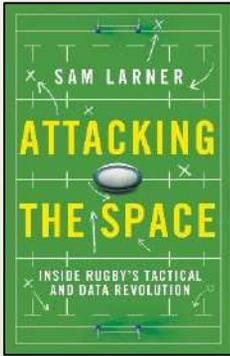


Inside the Mind of Charles Manson by Brad Hunter
9781802473780 | Gemini | PB | R245

Inside the Mind of Charles Manson dissects the chilling psychology behind the infamous cult leader. Acclaimed crime writer Brad Hunter meticulously examines Manson's insatiable desire for control, revealing the sinister techniques of mind manipulation that allowed him to achieve his cult status.

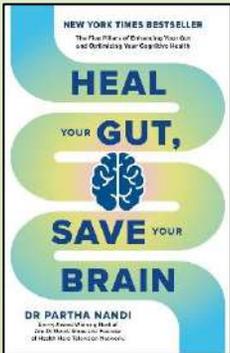
This book goes beyond the headlines, offering a gripping analysis of how a disturbed individual became a true mastermind of evil, forever altering the landscape of true crime.

Non- Fiction



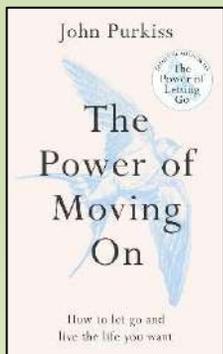
Attacking the Space by Sam Lerner
9781399625104 | Orion | TPB | R450

Leading data analyst Sam Lerner lifts the lid on international rugby, using his decade of experience at the professional level to reveal the tactical and data revolution that has taken the sport by storm. Sharing ground-breaking insight into the modern game, Sam explores the exciting innovations players and clubs are currently using to improve their gameplay. He analyses the metrics by which teams succeed and fail in their attempts to win metres, tries and matches, as well as why recent law changes are so important for rugby's development and what a data-driven future holds for the sport. With each chapter focusing on a different match, such as France facing the All Blacks in 2023 and Wales' remarkable comeback against England at the 2008 Six Nations. It takes readers on a fascinating tour of modern rugby to offer a twenty-first century overview of one of the world's most exciting sports. This is rugby as you've never seen it before.



Heal Your Gut, Save Your Brain by Dr Partha Nandi
9781804193976 | Octopus | TPB | R495

Cognitive decline doesn't have to be inevitable small, consistent daily habits can strengthen and protect your brain. *Heal Your Gut, Save Your Brain* by Dr. Partha Nandi reveals how deeply your gut and brain are connected, shaping everything from mood to memory. The book explains how nourishing your gut microbiome through intentional nutrition can reduce inflammation, enhance cognitive performance, and help shield the brain from age-related decline. Dr. Nandi also breaks down the concept of leaky gut, showing how increased intestinal permeability can trigger widespread inflammation that negatively affects brain health. His holistic approach centers on five pillars: nutrition, movement, community, spirituality, and purpose, to support long-term vitality. The book further explores the powerful role of the microbiome in protecting against neurodegenerative diseases such as Alzheimer's, Parkinson's, and stroke, offering a science-backed roadmap for maintaining and improving brain health as you age.



The Power of Moving On by John Purkiss
9781800963603 | Octopus | TPB | R470

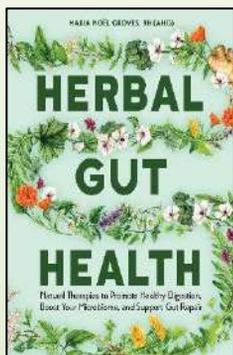
The Power of Moving On takes you on a deeper journey to discover what you truly want, whether it's a romantic relationship, financial freedom or better health and how to get it. By raising the level of your consciousness, you can move on and create the space to manifest your desires.

In this practical guide, you will learn proven techniques to:

Identify your true desires. Remove negative beliefs that are holding you back. Allow the cosmos to manifest through you. Turn your desires into reality.

These simple, yet powerful, tools will enable you to manifest your desires much more easily, often in ways you never imagined.

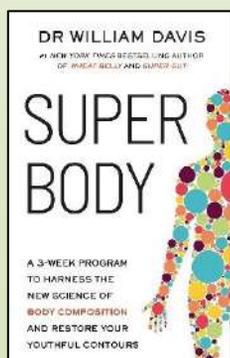
Non- Fiction



Herbal Gut Health by Maria Noel Groves
9781635869101 | Hachette USA | TPB | R545

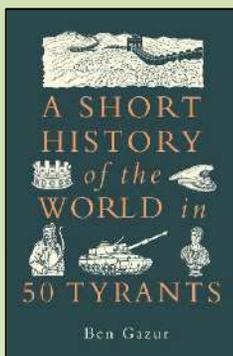
A healthy gut is the key to good overall health, both physical and mental and researchers are beginning to uncover the links between an unbalanced gut microbiome and chronic conditions such as inflammatory bowel disease, obesity, and cancer.

As a clinical herbalist with decades of experience, Maria Noël Groves has helped patients of all ages resolve their digestive complaints and related health issues by teaching them how to adopt healthier dietary habits, employ herbs to alleviate digestive issues and improve digestion, and incorporate balanced lifestyle practices, resolving their diseases and dramatically improving their quality of life.



Super Body by Dr William Davis
9781399740500 | Hodder & Stoughton | TPB | R495

Forget everything you've been told about dieting, you've been led down the wrong path, which has caused you to believe that calorie restriction, weight-loss drugs such as GLP-1 agonists, and bariatric procedures are effective solutions for weight loss. They are NOT, nothing more than Ponzi schemes with upfront benefits, long-term disasters. Dr. William Davis, reveals how we can restore our health and youthful contours by returning to ancestral nutrition practices, restoring beneficial microbes, and taking synergistic supplements. The solution to losing weight lies not in pharmaceuticals or procedures but rather in restoring factors lost from the modern human life experience, specifically microbes lost due to overexposure to antibiotics and other factors, and the restoration of nutrients lost due to misguided dietary advice. Complete with a three-week program, including easy-to-make recipes to enhance your efforts...

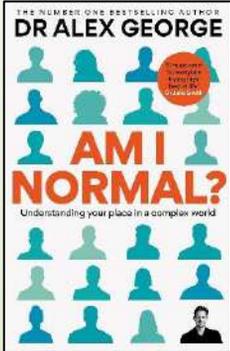


A Short History of the World in 50 Tyrants by Ben Gazur
9781789298437 | Michael O'Mara | HB | R340

Leading readers through all of world history, Ben Gazur looks at how tyrants and their regimes have shaped the course of humanity from the earliest times right up until the modern day. From the first Ancient Greek tyrants to those who still dominate nations today, dictators have always been pulling the strings.

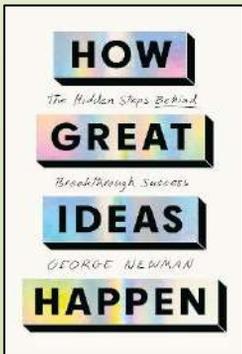
In 50 bite-sized chapters spanning thousands of years, *A Short History of the World in 50 Tyrants* examines their rise to power, how they stayed there and how they were overthrown, investigating their lives and crimes. Readers will learn how Catherine the Great seized the throne from her own husband, how Adolf Hitler created a cult of personality to assume complete control, and how Julius Caesar met his end under a rain of stabs on the senate floor.

Non- Fiction



Am I Normal? by Dr Alex George
9781783256396 | Octopus | TPB | R470

How many of us have at some time wondered 'Am I Normal?' And yet, our society is set up in such a way that there is very little room for difference or quirks or for us to question what normal really is. In this powerful, honest, and ultimately comforting book, mental fitness advocate and former A&E doctor Dr Alex George explores what it means to be "normal" in a society that often fails to embrace any kind of straying from the accepted path laid out by the expectations of others. After years spent trying to fit the mould of what others expected of him, Alex's ADHD diagnosis became a turning point - not just in understanding himself or helping him navigate the highs and lows he had experienced in childhood, whilst working in A&E and after the devastating loss of his brother, but in challenging the systems and society that marginalise so many.

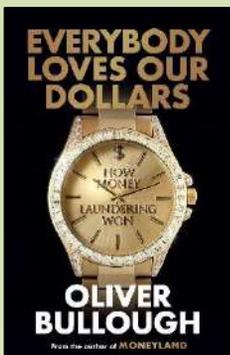


How Great Ideas Happen by George Newman
9781399834551 | John Murray | TPB | R505

We're used to imagining creativity as a lightbulb moment - sudden, mysterious, reserved for the gifted few. But what if ideas aren't conjured from thin air? What if they're discovered - more like precious artifacts that we unearth and refine?

In How Great Ideas Happen, cognitive scientist George Newman draws on cutting-edge research to show that creativity isn't magic, it's method. The most successful innovators don't wait to be struck by brilliance; their creative process is more like archeology. As keen-eyed explorers, they scan the terrain, dig with intention, and, with a little luck, find gold.

With vivid examples from the arts, science, and business, Newman shows how creativity often comes from discovering what was already there.

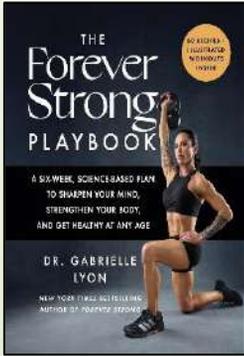


Everybody Loves Our Dollars by Oliver Bullough
9781399618106 | Orion | TPB | R470

Without money laundering, few crimes of acquisition would be worth the trouble. South America's drug cartels would be stuffed without it, as would Nigerian kleptocrats, Afghan terrorists, American tax evaders and a whole bestiary of human (and animal) traffickers the world over.

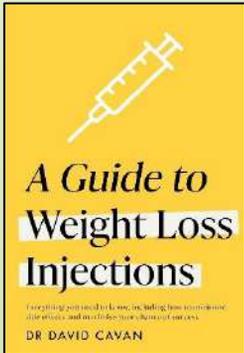
And yet, estimates of the dirty portion of world GDP have held steady at 2%-5% for decades. All efforts at legislation, diplomacy, prosecution and compliance have been a complete flop. It's not a lack of will to stamp it out. It's a lack of insight. So, join bestselling investigative journalist Oliver Bullough on a perspective-altering adventure through the flipside of the global economy.

Non- Fiction



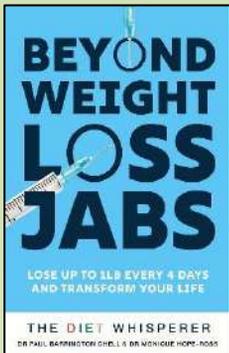
The Forever Strong PLAYBOOK by Gabrielle Lyon
9780349445267 | Little Brown | TPB | R495

Get fit, prevent disease, and future-proof your body with step-by-step strategies to build strength, reduce fatigue, and sharpen your focus at any age. Packed with ground-breaking science, muscle-building exercises, informative graphics, and easy-to-follow, protein-forward recipes, *The Forever Strong PLAYBOOK* is the ultimate guide for anyone who wants to feel stronger, move better, and stay energised. Discover exactly how to think, eat, move, and recover for optimal health. With all new, innovative tactical strategies to further enhance muscle health, this guide provides a comprehensive six-week programme to help you build muscle, optimise your nutrition, sleep better, and build lifelong habits with protocols customisable for everyone from beginners to advanced athletes.



A Guide to Weight Loss Injections by Dr David Cavan
9781035430420 | Headline | PBO | R305

Health experts believe that a new class of drugs known as GLP-1s, better known as weight loss injections such as Ozempic, Wegovy and Mounjaro, have a significant role to play in transforming people's health and reducing obesity rates in the UK and worldwide. In this book, Dr David Cavan, a world-leading authority on all aspects of diabetes and the use of semaglutide (Wegovy, Ozempic) and tirzepatide (Mounjaro), reviews the history, development, safe use of, benefits and risks of the latest generation of this class of important medications. Up to date with a rigorous understanding of both the latest scientific research and informed by years of clinical experience, this book gives the reader all the facts. *A Guide to Weight Loss Injections* will help you first to decide whether weight loss injections are right for you, then guide you every step of the way.



Beyond Weight-Loss Jabs by Paul Barrington Chell & Monique Hope-Ross
9781399751780 | Hodder & Stoughton | TPB | R470

After coming off medication, you are often thrown into a medical vacuum with no place to turn. Doctors have neither the time nor expertise to help with the next part of their weight-loss journey. This is exactly where this book comes in - filling the void and guiding you skillfully onward to maintaining or losing the unwanted weight. Combining decades of clinical experience with cutting-edge science, Dr Paul Barrington Chell and Dr Monique Hope-Ross identify the BIG FIVE root causes of weight gain and causes of other long-term conditions both physical and mental. Poor cellular health results in our body no longer burning fat, this book uncovers why our modern diet, refined carbs and UPFs is making us fat, and what we can do about it.

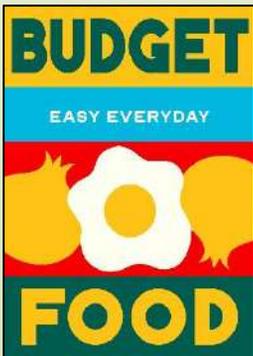
Cookery



Quick Wins: Healthy Cooking for Busy Lives by Ella Mills (Woodward)
9781529316759 | Hodder & Stoughton | HB | R695

No chasing perfection. No complicated ingredients. Just real food, full of flavour, designed to fit your life. Inside, you'll find: 8 flexible weekly meal plans with shopping lists for six dinners and two lunches. 75 simple, balanced recipes that make eating well feel easy. Adaptable ideas and batch-cook tips to save time and reduce waste.

Chapters include: One Pan, Easy Lunches, Fridge-Raid Suppers, A Little Longer, Batch Cook, Simple Snacks & Breakfasts, Meal Plans and Shopping Lists. Each section is crafted to make wholesome, satisfying cooking a natural part of your day. With clear meal plans, practical shopping lists and flexible recipes, *Quick Wins* helps you find balance, confidence, and joy in the kitchen. It's all goodness, no fuss, a fresh, achievable way to eat well every day.



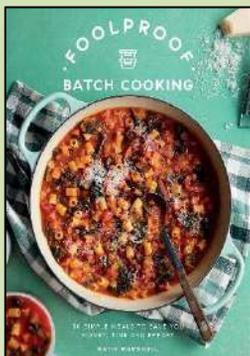
Budget Food by Murdoch Books Test Kitchen
9781761501432 | Murdoch Books | HB | R300

Over 180 TRIPLE-TESTED recipes and a photo for every recipe!

Eating well on a budget is easy with an imaginative range of recipes for soups, pasta dishes, noodle and rice options, meat, fish and poultry, vegetarian meals and desserts.

The recipes are straightforward, use readily available ingredients and are ideal for our busy lifestyles.

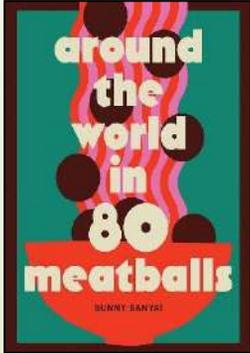
Build a kitchen library with the EASY EVERYDAY series of save-the-day cookbooks.



Foolproof Batch Cooking by Katie Marshall
9781837834969 | Hardie Grant | HB | R340

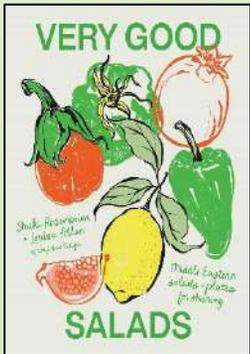
Discover 60 versatile recipes to prep ahead, grab and cook, with step-by-step instructions. Batch cooking is an essential way to get ahead for the week, saving you money, time and hassle. From freezer fillers to hearty soups and winter warmers, through roasting pan dinners, summer staples, and even innovative recipes that can be transformed into two meals with a few extra ingredients, *Foolproof Batch Cooking* ensures you'll always love your leftovers.

With straightforward instructions, a photograph for every recipe and tips to avoid kitchen disasters, *Foolproof Batch Cooking* is packed with simple solutions to revolutionise eating on a budget. The Foolproof series celebrates the simple ways to cook, eat and enjoy different dishes and techniques, and offers amazing new ways to elevate classics, as well revealing new sure-to-be favourites.



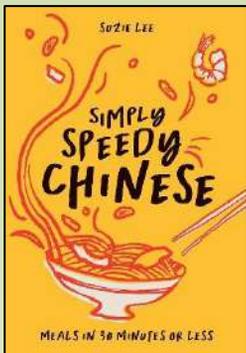
Around the World in 80 Meatballs by Bunny Banyai
9781761451492 | Hardie Grant | HB | R365

This cookbook uncovers the joy and comfort that a simple meatball can bring, showcasing a diverse array of recipes that span continents and cultures. From the Bulgarian Chirpanski to the Taiwanese Crystal Meatball, each dish is accompanied by its unique story, reflecting the rich traditions and culinary practices of its region. Whether you're in the mood for a hearty stew, a zesty casserole, or a fragrant pho, this book offers spherical inspiration for every occasion. As you delve into these pages, you'll not only learn how to prepare mouthwatering meatballs but also discover the fascinating history behind each recipe. Each entry features complete meal suggestions, revealing the traditional accompaniments that complement the meatballs perfectly. With this book in hand, you'll be ready to impress friends and family with your global meatball repertoire, celebrating the dish that unites us all through its delicious simplicity.



Very Good Salads by Shuki Rosenboim & Louisa Allan
9781923239708 | Thames & Hudson | HB | R690

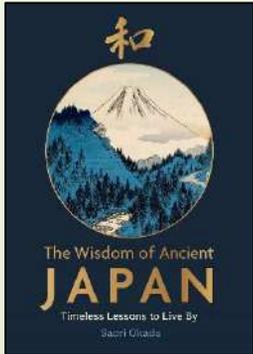
Very Good Salads is filled with more than 50 Middle Eastern and Mediterranean-inspired recipes that showcase the best seasonal produce, with an emphasis on vegetarian and vegan dishes. Each dish makes use of the whole vegetable, with classic and less-expected pairings such as watermelon salad with za'atar, radish and fried pita; freekeh and hazelnut; and grilled leek with pomegranate, walnuts, spring onion, mint, dill and lemon zest; as well as larger offerings such as silverbeet rice cake and stuffed tomatoes with saffron rice and dried mint. In addition, the book shares recipes for traditional dips and the ultimate pita recipe that produces flawless bread to stuff or serve alongside salads and share plates. It's simple, classic fare, but food that has earned Shuki and Louisa a place in Melbourne restaurant royalty.



Simply Speedy Chinese by Suzie Lee
9781837833801 | Hardie Grant | HB | R580

In each chapter, Suzie Lee will showcase her handy shortcuts, enabling you to get a tasty meal served up in 30 minutes or less. From Honey Chilli Beef and Quick Dumplings to Hot Peanut Butter Noodles and Mochi, satisfy your Chinese cravings quicker than the time it takes to order a takeaway. Whether you're a busy mum with only 10 minutes to spare before it's time to put the kids down, a hungry student who needs brain food in 15 or a young professional with half an hour to whip something up after a long day at work, this is the book for you. Suzie will also throw in her famous twists that allow you to tailor the recipes to your needs, so if you need super-quick meals that are also kid, veggie and budget-friendly, look no further!

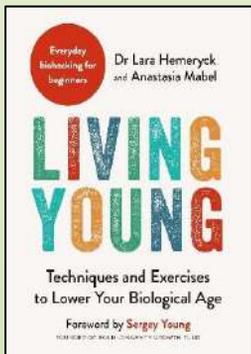
Illustrated
Review copies are subject to
availability



The Wisdom of Ancient Japan by Saori Okada
9781789298246 | Michael O'Mara | HB | R285

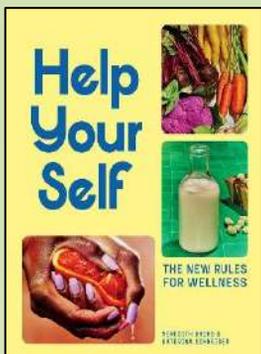
Some of the most important mindsets in modern culture are derived from ancient Japanese times. From discovering your sense of purpose with Ikigai to fostering gratitude with Go-en, and from accepting what cannot be changed with Sho-ga-nai to embracing strength after you fall with Nana korobi ya oki, as well as the seven principles of the warrior code: these are timeless philosophies to live by.

Wellness coach Saori Okada brings together 60 quintessential lessons and philosophies, paired with stunning traditional artworks to match each concept, all rooted in Japan's ancient heritage. These are lessons to change your mindset and give you the tools to take on life's everyday challenges.



Living Young by Lara Hemeryck
9781789297423 | Michael O'Mara | PB | R340

Dr Lara Hemeryck, a stem cell researcher, science communicator and longevity advocate, will teach you how to take years off your biological age. Covering everything from sleep and exercise to nutrition, alongside tips and tricks to elevate your social connections, mental wellbeing and sense of purpose, this book will show you how to create a personalized health routine that works for you, and will get you eating, moving and thinking in a way to impact your body positively. Featuring more than 40 practical and easy-to-follow ideas, *Living Young* also brings together the latest science on biohacking to show you that lowering your biological age doesn't need to include fancy gadgets or lots of money. It's all about getting to know your body and using simple yet effective preventative techniques to make you feel the best you can.



Help Your Self by Meredith Baird & Katerina Schneider
9781419773570 | Abrams | HB | R865

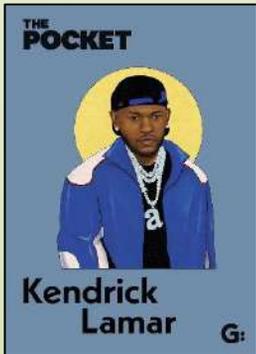
Help Your Self is the wellness authority, combining both knowledge and solid research to bring you a nutrition-hacking, food-loving, life-simplifying, science-backed guidebook to optimal health for the entire family. As the pursuit of wellness reaches a fever pitch, the lines between fringe and fact have become blurrier than ever. Kat Schnieder and Meredith Baird, two moms, fact-finders, and chefs who have shaped the wellness industry for decades, are not about pseudoscience and half-truths, health fads make their eyes roll. Rather, they have dedicated their lives to unearthing the latest research, and in *Help Your Self*, they show readers that not only is it possible to create and maintain a healthier lifestyle, but it's also easier and more enjoyable than you would think.

Illustrated
Review copies are subject to
availability



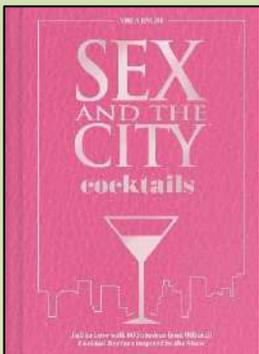
The Pocket To the One I Love by Gemini Books
9781802474138 | Gemini Books | HB | R195

Celebrate your loved ones this Valentine's Day with this beautiful pocketbook. Packed with romantic quotes, positive affirmations, fascinating trivia and historical tidbits, this volume is the perfect way to show someone how much they mean to you. Whether you wish to indulge in a candlelit dinner, attend a romantic dance class or spend a relaxing evening at home, this volume celebrates love in all its forms, making it the perfect gift for anyone special. With suggestions for couples, friends, families and those flying solo, *The Pocket To the One I Love* is a must-have for Valentine's and Galentine's celebrations alike, as well as any occasion that celebrates love. From little guides to soothe your soul to all-access passes to the lives of pop icons, and from quizzes and puzzles for literature lovers to books on food, nature, fashion, and more, Gemini Pockets are the perfect fit for your life and interests.



The Pocket Kendrick Lamar by Gemini Books
9781802473551 | Gemini | HB | R200

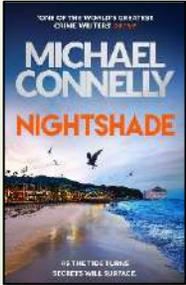
This book is your backstage pass to everything K-Dot, tracing Kendrick Lamar's Californian roots through his hip-hop rise, to that unforgettable 2025 Super Bowl halftime performance. Known for his sharp lyrics and deep storytelling, and with critically acclaimed albums and a powerful stage presence, Kendrick has revolutionized modern rap music. *The Pocket Kendrick Lamar* covers his diverse musical influences, from Tupac to jazz, and the albums that changed the game. Learn the stories behind his fire lyrics, as he tackles issues of race, identity and social justice. And (of course) get the low-down on his beef with Drake, a rap feud over authenticity, lyrical prowess and dominance in hip-hop.



Sex and the City Cocktails by Thea Engst
9798337400945 | Insight Edition | HB | R485

Get transported from your home to glitzy parties and restaurants in Manhattan through these step-by-step recipes. Each drink is expertly curated to fit Sex and the City's chic spirit. From the classic martini to more inventive, colorful libations, there is a recipe for every character and key scene (and it includes more than a dozen drinks ordered by name on the show). With spirit-free and low-abv options, there's something for every taste as well. Get inspired by the gorgeous photographs of finished cocktails and easy-to-follow directions. Whether you're hosting a high-profile gathering or spending a cozy night in for a watch party, these drinks are sure to bring a touch of the wit and glamour *Sex and the City* is famous for straight to your bar cart.

Paperback Fiction



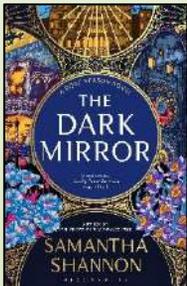
Nightshade by Michael Connelly
9781398726710 | R295

The Brand-New Blockbuster Thriller from the Number One Bestseller.



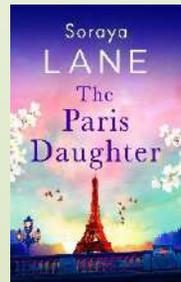
The Infinite Plan by Isabel Allende
9781526693198 | R300

From the literary legend Isabel Allende.



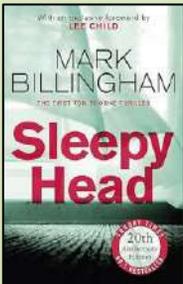
The Dark Mirror: The Bone Season, Book 5 by Samantha Shannon
9781408879368 | R300

The million-copy bestselling series.



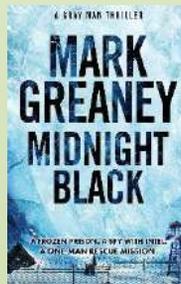
The Paris Daughter by Soraya Lane
9781408734445 | R305

An absolutely unforgettable page-turner.



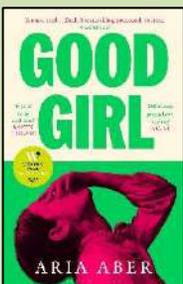
Sleepyhead by Mark Billingham
9781408736173 | R305

A stunning 25th anniversary paperback edition.



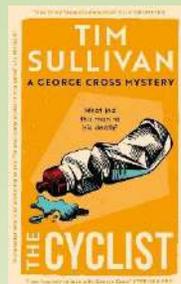
Midnight Black (Gray Man) by Mark Greaney
9781408729434 | R305

From New York Times #1 bestseller.



Good Girl by Aria Aber
9781526679109 | R300

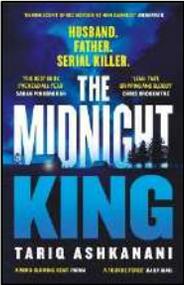
Shortlisted for the Women's Prize for Fiction 2025.



The Cyclist by Tim Sullivan
9781035921331 | R300

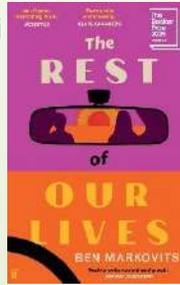
The must-read mystery with an unforgettable Detective in 2025.

Paperback Fiction



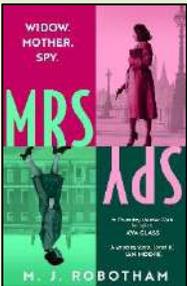
The Midnight King by Tariq Ashkanani
9781805222309 | R315

Winner of the McIlvanney Prize.



The Rest of Our Lives by Benjamin Markovits
9780571388554 | R290

Shortlisted for the Booker Prize 2025.



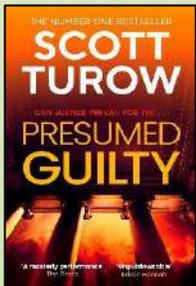
Mrs Spy by M. J. Robotham
9781035901197 | R300

An evocative and exhilarating ride through 60s London.



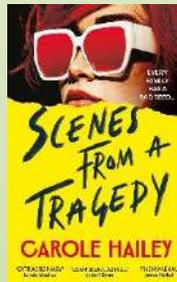
Last Chance by Stephen Leather
9781399749619 | R305

The stunning new thriller from the legendary SUNDAY TIMES bestselling author.



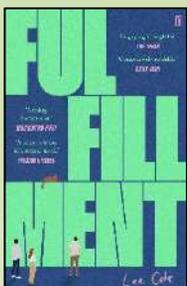
Presumed Guilty by Scott Turow
9781800754522 | R290

The Sunday Times Bestselling Author.



Scenes from a Tragedy by Carole Hailey
9781805461562 | R290

An addictive, gripping thriller from a bestselling author.



Fulfillment by Lee Cole
9780571392179 | R290

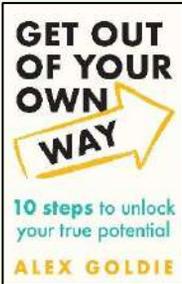
A Sunday Times Summer Reads Pick.



Strange Pictures by Uketsu & Jim Rion
9781805335610 | R290

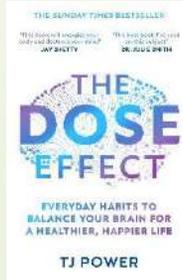
The Chilling Japanese Mystery Sensation.

Paperback Non-Fiction



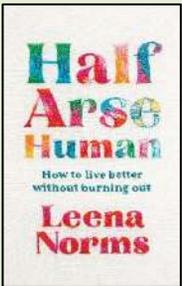
Get Out of Your Own Way by Alex Goldie
9781035420070 | R305

10 steps to unlock your true potential.



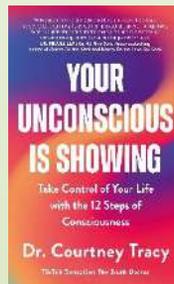
The DOSE Effect by TJ Power
9780008667290 | R330

Everyday Habits to Balance Your Brain for a Healthier, Happier Life.



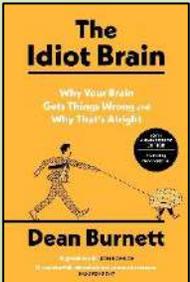
Half-Arse Human by Leena Norms
9781399820301 | R360

How to live better without burning out.



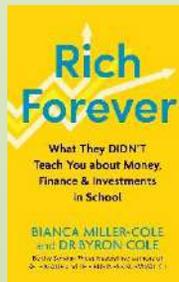
Your Unconscious Is Showing by Dr Courtney Tracy
9781399815543 | R385

A groundbreaking guide from TikTok's favourite therapist.



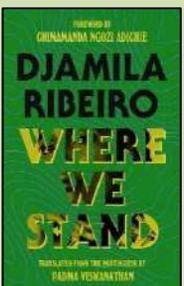
The Idiot Brain by Dean Burnett
9781783353248 | R315

Why Your Brain Gets Things Wrong and Why That's Alright.



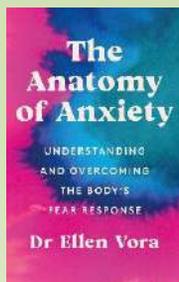
Rich Forever by Bianca Miller-Cole & Byron Cole
9781399809214 | R365

Discover what they should have taught you about money, finance and investment at school!



Where We Stand by Djamila Ribeiro
9780300285550 | R345

The Margellos World Republic of Letters.



The Anatomy of Anxiety by Dr Ellen Vora
9781398702837 | R360

A ground-breaking approach to understanding and managing anxiety.