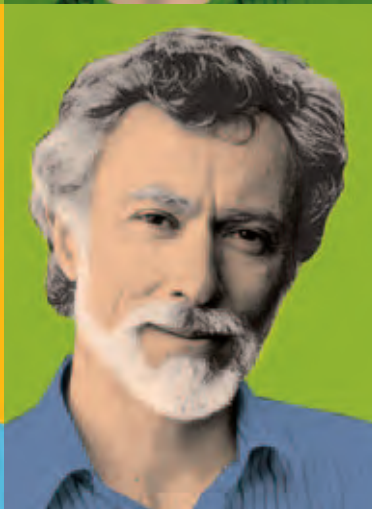




JonathanBall*Publishers* CATALOGUE SUNBIRD PUBLISHERS





CONTENTS

SUNBIRD PUBLISHERS

Food	56
Gardening	64
Natural History	68
Illustrated	76
Outdoors & Travel	80
Maps & Atlases	86

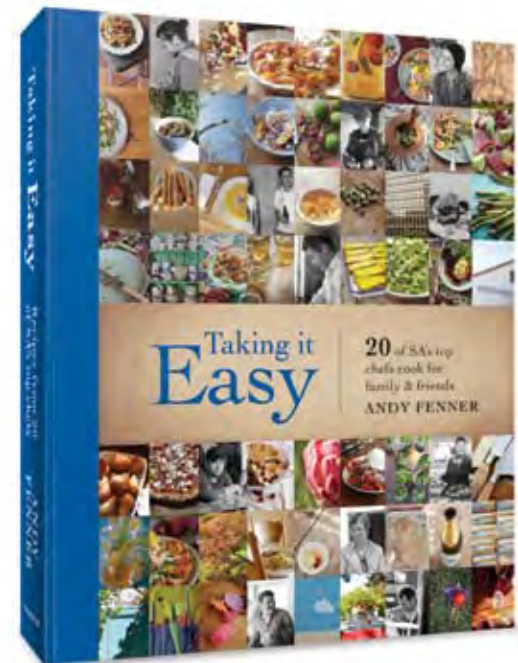


NEW

978-1-920289-56-0
Hardback with
ribbon marker
250x210 mm
224 full-colour pages
World rights



ANDY FENNER, well-known freelance food writer and critic, also named one of '200 South Africans to Watch' by the *Mail & Guardian* in 2011, has chosen 20 of his favourite chefs and foodies based on their individual styles and food philosophies.



TAKING IT EASY

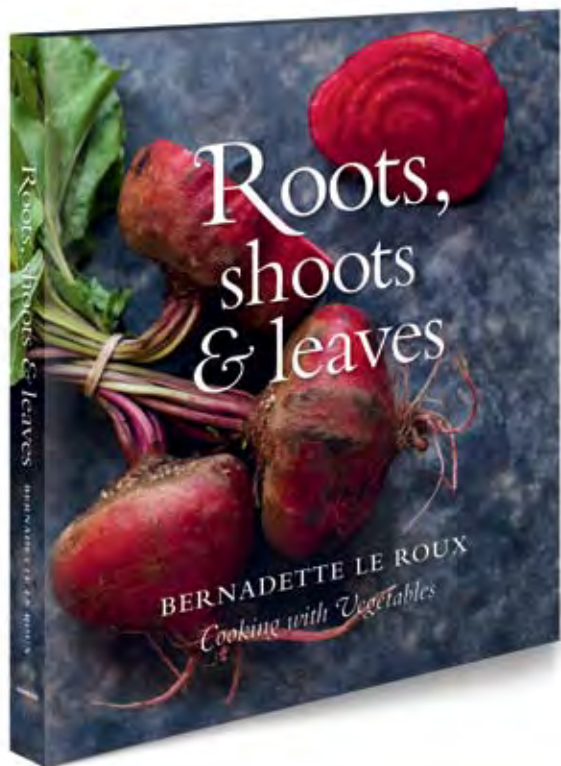
20 of SA's top chefs cook for family & friends
Andy Fenner

Taking it Easy is a compilation cookbook from 20 of the best-loved chefs and foodies from all around South Africa, as selected by Andy Fenner – well-known freelance food writer and critic. Each chapter showcases chefs' favourite recipes to cook for family and friends.

Chefs: Bertus Basson ■ Chantel Dartnall
Chris Erasmus ■ David Higgs
Franck Dangereux ■ Giorgio Nava
Jason Lilley ■ Markus Farbinger & Liezie Mulder
Karen Dudley ■ Kobus van der Merwe
Liam Tomlin ■ Luke Dale-Roberts ■ Margot Janse
Marthinus Ferreira ■ Massimo & Tracy Orione
Michael Broughton ■ Pete Goffe-Wood
Reuben Riffel ■ Richard Carstens ■ Vanessa Marx

NEW

978-1-920289-59-1
Hardback with
ribbon marker
210 x 250 mm
192 full-colour pages
World rights



ROOTS, SHOOTS & LEAVES

Cooking with vegetables

Bernadette le Roux

Roots, Shoots & Leaves, by award-winning author Bernadette le Roux, is an inspiring collection of vegetarian recipes.

From everyday greens to more forgotten heirloom varieties, these pages celebrate vegetables in a range of delicious, straightforward dishes. The emphasis is on fresh, seasonal ingredients, whether grown in the garden, sourced from a farmers' market or bought at a supermarket.



NEW

978-1-92028-937-9
Hardback
220x170mm
192 full-colour pages
World rights

ARTISAN CHEESES OF SOUTH AFRICA

Kobus Mulder and Russel Wasserfal

Artisan Cheeses of South Africa celebrates a quiet revolution in South African cheesemaking. Local, artisanal producers are changing the way we think about cheese, producing superb, flavourful cheeses made with milk from cows, goats, sheep and even buffaloes.

Artisan Cheeses of South Africa profiles 24 cheeseries, including award-winners such as Dalewood and Klein Rivier. Supporting sections explain the basics of cheese production and the different styles of cheese. Each chapter is accompanied by detailed Cheese Notes by the inimitable Kobus Mulder of Agri-Expo – Mr Cheese – who has done so much to enervise the growth of artisanal cheesemaking in the past 15 years. The book also offers suggestions on putting together a cheese board and on cheese and wine pairings.

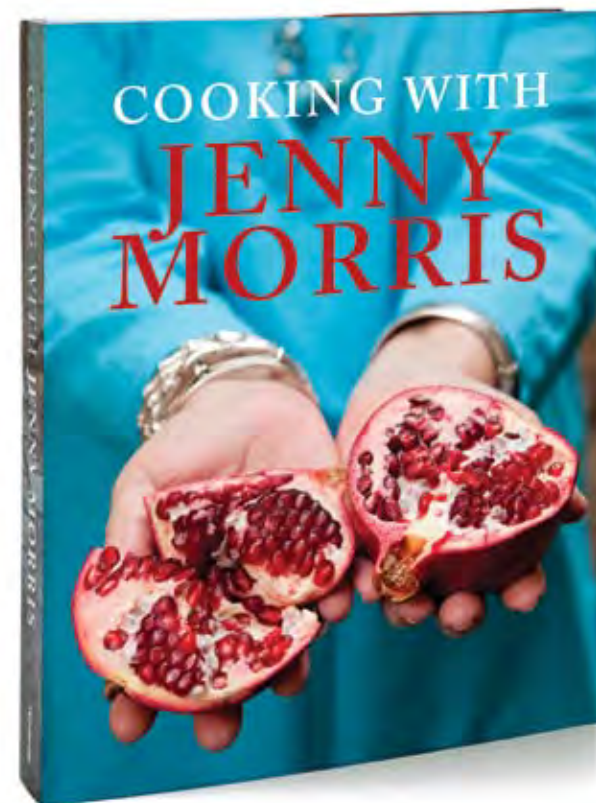


978-1-92028-938-6
Hardback with dust jacket
and ribbon marker
270x210mm
288 full-colour pages
with ±400 photos
World rights

'... the woman can really, really, I mean seriously cook ...'
– The Times



JENNY MORRIS is an author, magazine writer, radio and TV presenter, celebrity chef, teacher and culinary tour guide. *Jenny Morris Cooks Morocco* is the Food Network's first celebrity South African TV chef programme on satellite TV in 88 countries around the world, including South Africa, in 2012.



COOKING WITH JENNY MORRIS

Jenny Morris

Jenny Morris has created the little black dress of cookbooks – stylish, versatile and suitable for any occasion – with over 200 accessible, sensationally tasty and imaginative recipes.

Sprinkled with personal anecdotes, and narrated with characteristic sparkle and quirky humour, Jenny inspires with recipes that transform food into a celebration of taste.

JANE'S DELICIOUS KITCHEN

Harvesting, preserving and cooking seasonal food
Jane Griffiths

978-1-92028-915-7
Hardback
244 x 222 mm
256 full-colour pages
World rights

JANE GRIFFITHS, a writer, television producer, artist and traveller, is the best-selling author of *Jane's Delicious Garden*. Visit her garden at janedeliciousgarden.com.

Also available by
JANE GRIFFITHS:



'If you get just one cookbook this year, I would recommend that this is the one.'
– The Mercury

The shortest food mile is from your garden to your kitchen table – or from your local farmers' market to your home. But what do you do if you have an abundance of harvest and don't know how to make the most of it? *Jane's Delicious Kitchen* is an inspiring and practical recipe book for the seasons.

Filled with practical advice, time-saving tips and over 100 mouth-watering and individually photographed recipes, this feast of a book is about making the most of seasonal bounty.



978-1-92028-933-1
Hardback
210 x 270 mm
176 full-colour pages
World rights



AFR

978-1-92028-942-3

'A must-have for summer!'
– Leadership Magazine

978-1-91993-868-4
Paperback
279 x 210 mm
200 pages
World rights



AFR

978-1-91993-869-1

BRAAI MASTERS OF THE CAPE WINELANDS

Wines of South Africa

Braai Masters of the Cape Winelands contains mouth-watering recipes, useful braaing tips and techniques, as well as wine notes and wine-pairing suggestions from some 30 of the Cape's favourite wine estates.

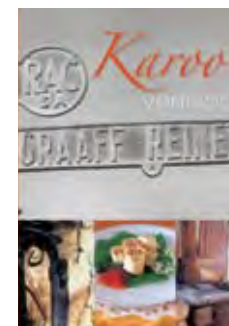


The owners and winemakers, personalities such as Jan 'Boland' Coetzee and Schalk Burger amongst others, share their secrets for the perfect braai. Expect meals like gemsbok fillet, seafood potjie, and vegetables in phyllo pastry, with recipes for salads, breads, chutneys, preserves and desserts.

KAROO VENISON

Albe Neethling, Annatjie Reynolds & Lynne Minnaar

Venison has become the first-choice meat for health-conscious consumers, and this book is full of recipes for nutritious and delicious meals using this low-fat and versatile meat. It's also a celebration of the magic and mystery of the beautiful Karoo, taking you into



the homes of local Karoo folk, who share their passion for the area, its people, wildlife and, of course, unique culinary fare. The authors created this book by gathering recipes and secret tips from their region's most celebrated cooks, housewives and game hunters.

978-1920289-00-3
 Hardback
 228 x 249 mm
 224 full-colour pages
 World rights

'Jane Griffiths has produced a truly wonderful vegetable-growing tract. It's hard to find a grow-your-own book this good which is so pertinent to our climes ... This book truly enables.'
 – The Times

Also available by
 JANE GRIFFITHS:



JANE'S DELICIOUS GARDEN

How to grow organic vegetables and herbs in South Africa
 Jane Griffiths

Packed with practical advice, time-saving tips, step-by-step instructions and personal anecdotes, *Jane's Delicious Garden* is for beginners and gardening gurus alike. With over 200 photographs and detailed information on nearly 100 vegetables and herbs, this guide will enable you to feed your family and friends with wholesome, organic food harvested from your own garden.





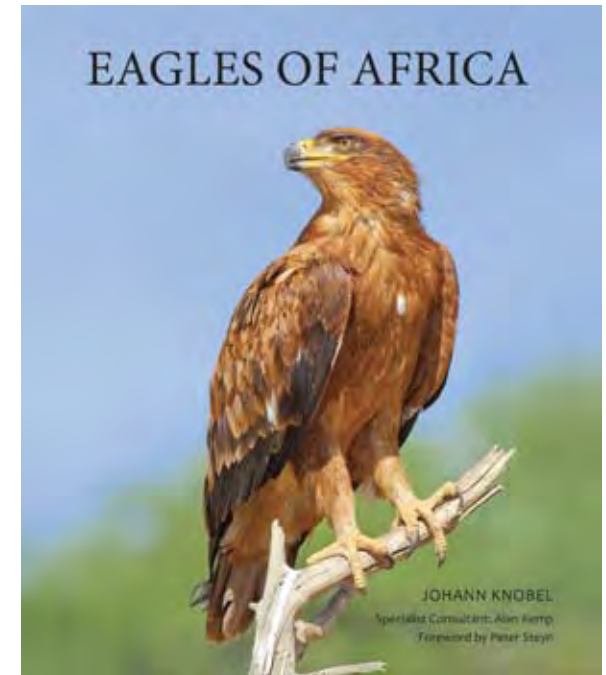
ALAN KEMP, internationally recognised raptor expert and co-author of *The Birds of Prey of Africa and its Islands*, acted as specialist ornithological consultant.

PETER STEYN, pioneer of African eagle research and well-known author of *Eagle Days*, *The Birds of Prey of Southern Africa* and *Hunters of the African Sky*, contributed a foreword.

JOHANN KNOBEL, the author and photographer, has studied and photographed eagles in Southern and East Africa, the Middle East, Europe and North America. Johann is a co-author of *The Magnificent Natural Heritage of South Africa*.

NEW

978-1-92028-966-9
Hardback
220 x 255 mm
216 full-colour pages
World rights



EAGLES OF AFRICA

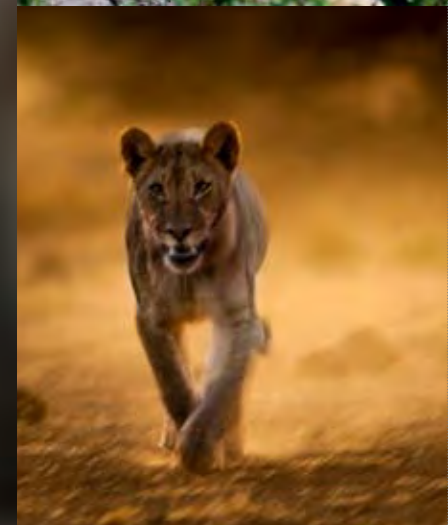
Johann Knobel, with specialist consultant Alan Kemp and foreword by Peter Steyn

This book celebrates the eagles of Africa in evocative text and compelling photography.



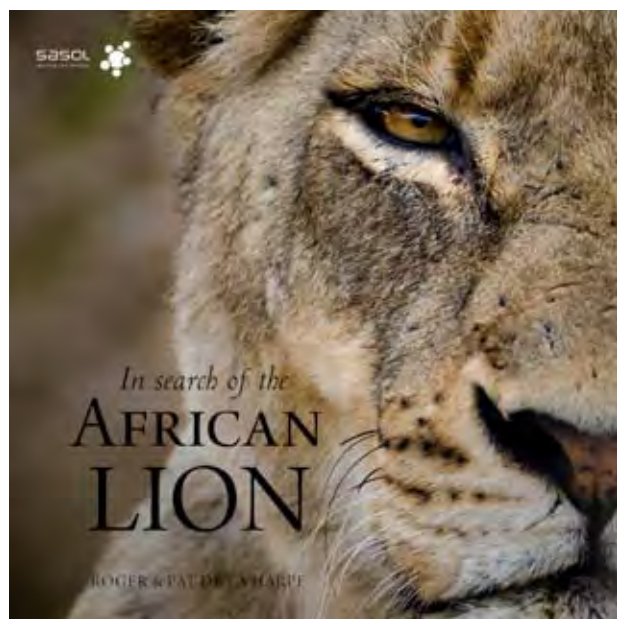
ALSO AVAILABLE IN
AFRIKAANS:
Arende van Afrika
978-1-92028-974-4

- Colour photographs of all 26 eagle species occurring on the African mainland – a first in publishing history.
- Informative but readable species accounts.
- Special essays on the hunt, the breeding cycle, the eagle's day and the eagle's world.
- Eagle names in English, Afrikaans, French, German, Spanish, Swahili, Tswana and Zulu.
- Distribution maps, measurements and global conservation status.
- Anecdotes from the author's experiences in the field.



NEW

978-1-92028-957-7
Hardback
265 x 265 mm
160 full-colour pages
World rights



IN SEARCH OF THE AFRICAN LION
Roger and Pat de la Harpe



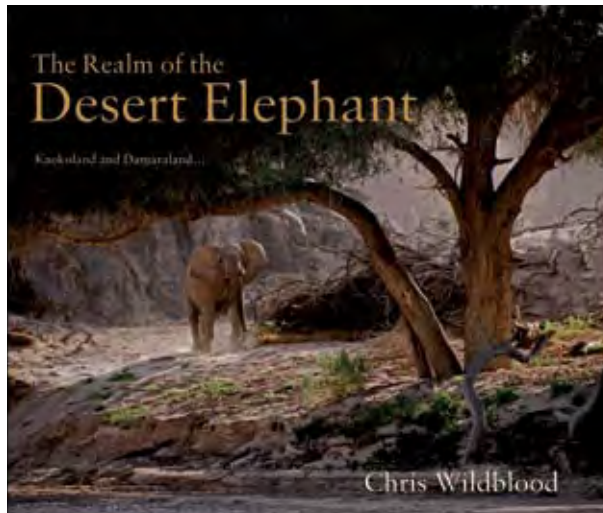
The African lion (*Panthera leo*) faces unprecedented challenges in the wild today. Loss of habitat through the expansion of human activity increasingly restricts the lion to game reserves and national parks, while diseases such as bovine tuberculosis pose a threat to the health of lion prides. *In Search of the African Lion* enters the complex world of the lion, describing pride dynamics, hunting patterns, the reproductive cycle and interactions with human communities.

**EBOOK
AVAILABLE**
978-1-92028-968-3

Roger and Pat de la Harpe also highlight the important work done by game rangers, wildlife managers and scientific researchers in understanding the lion and in protecting existing populations.

NEW

978-1-84876-769-0
Hardback with dust jacket
275 x 236 mm
144 full-colour pages



THE REALM OF THE DESERT ELEPHANT

Chris Wildblood

'It's a fantastic tribute to the beauty of this wonderful and unique region.'
– Kollig

The Realm of the Desert Elephant is a magical photographic journey through Namibia's Kunene region in Northwest Namibia, one of the last true wilderness areas of Sub-Saharan Africa. This spectacular book captures not only the elusive desert elephants in their natural habitat, but explores the ancient lands of Kaokoland and Damaraland.

These two very contrasting areas are the home of a huge diversity of wonderful wildlife, from dung beetles and mopani moths to the black rhino, giraffes and, of course, the elephants majestically patrolling the riverbeds and eking out a living in this often merciless environment. *The Realm of the Desert Elephant* also explores the lives of the semi-nomadic Himba people.

The book includes wonderful aerial photography to further demonstrate the rich diversity of the region.

CHRIS WILDBLOOD

ran his own studio complexes in London for nearly 20 years, dealing with companies ranging from the BBC and Condé Nast to EMI. He has won various awards for his underwater and wildlife photos.

978-1-92028-950-8
Hardback
210 x 285 mm
208 pages
Southern African rights



Also available by
DIRK SCHMIDT:



The Penguins of Boulders

978-1-92009-486-7
Paperback
102 pages
235 x 205 mm

Great Whites of False Bay

978-1-92009-452-2
Paperback
284 x 208 mm
96 pages

WHITE SHARKS

Magnificent, mysterious & misunderstood

Dirk Schmidt

Based on years of observing and studying Great Whites, *White Sharks* is an original contribution towards understanding this much-feared and greatly misunderstood species.

Illustrated throughout with magnificent images of White sharks, often in spectacular aerial breaches, this book is essential reading for anyone who is concerned about the health of our marine environment and understanding White shark behaviour.



'I have spent many days at sea with Dirk photographing Great Whites. His fascination for this magnificent predator, coupled with his dedication and hard work, have produced a truly amazing book!'
– Michael Zoghzi,
author and photographer

ESSENTIAL ILLUSTRATED WILDLIFE GUIDE TO SOUTHERN AFRICA

Edited by David Bristow

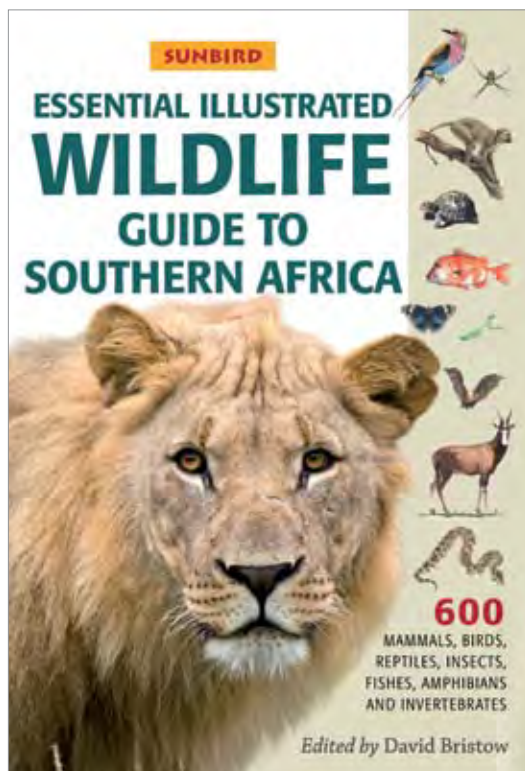
978-1-92028-906-5
Paperback, with protective PVC cover
250x170mm
368 pages
World rights

All creatures great and small, together in one information-packed guide: mammals, birds, reptiles, amphibians, fish, insects and other invertebrates.

More than 600 species are described and illustrated, covering all of the most common and remarkable creatures of the subcontinent, and the book is packed with information about identification, distribution and behaviour – sometimes quirky, always fascinating. Wherever possible, specific African names have been included.



Also available in Afrikaans as *Geïllustreerde Gids tot die Dierelewe van Suider-Afrika*
978-1-92028-928-7



978-1-91993-897-4
Paperback
178x105mm
164 pages
World rights



Also available in German as *Ein Taschenführer für Vögel im Südlichen Afrika*
978-1-91993-867-7

978-1-92028-923-2
Paperback
180x105mm
144 pages
World rights



POCKET GUIDE TO BIRDS OF SOUTHERN AFRICA (5th edition)

Burger Cillié and Ulrich Oberprieler

For both the beginner and the experienced bird-watcher, this compact guide will prove as indispensable as binoculars.



Special features:

- Over 400 bird species
- Concise biological information
- English and Afrikaans names
- Southern African bird numbers
- Distribution maps according to the new bird atlas.

An essential aid for nature-lovers and serious birders; you cannot afford to be without this book.

POCKET GUIDE TO MAMMALS OF SOUTHERN AFRICA (5th edition)

Burger Cillié

Pocket Guide to Mammals of Southern Africa is a handy and compact guide to over 100 mammal species.

- Information on identification, subspecies, mass, shoulder height, vocalisation, age, habitat, habits, food, breeding and male and female differences
- An illustration of typical tracks and their size
- Listed where appropriate are the most recent standards set for trophy hunters by Safari Club International and Rowland Ward
- A distribution & vegetation map
- An illustrated section on spoor and tracking.



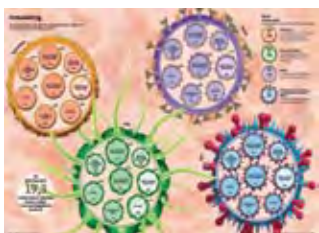
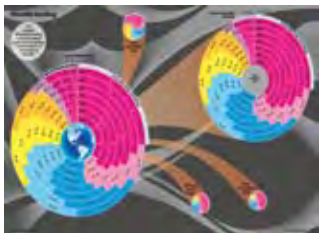
NEW

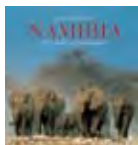
978-0-00791-530-9
Hardback
244 x 222 mm
296 full-colour pages

FEITEGIDS VAN DIE WÊRELD

Ken Suid-Afrika en die wêreld deur kaarte en statistieke
Collins

- Major world issues presented through maps, graphics, statistics and images
- Packed full of current affairs and geographical information
- Indispensable geographical facts
- Detailed profile for every country in the world
- Over 150 stunning photographs from all around the world





Also available in German as *Namibia – Reise in Bildern durch seine Regionen*
978-1-92028-932-4

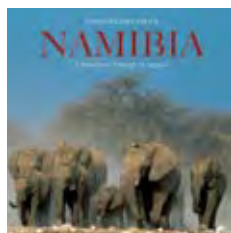


Also available in German as *Süd Afrika – Reise in Bildern durch seine Regionen*
978-1-92028-922-5

VISUAL TOUR SERIES

A visual tour through its regions
Thomas Dressler

Namibia – A visual tour through its regions is Thomas Dressler's sensitive photographic exploration of a remarkable and diverse country, its extraordinary wildlife and vibrant people.



978-1-92028-919-5
Hardback
260 x 260 mm
160 pages
World rights



978-1-92028-963-8
Hardback
260 x 260 mm
160 pages
World rights, excl. French

CULTURES OF SOUTH AFRICA

A celebration
Peter Joyce

978-1-92028-927-0
Paperback
210 x 250 mm
144 pages
World rights



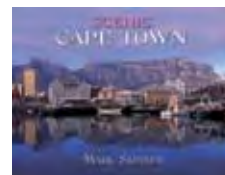
The features and faces of South Africa's indigenous cultures are as varied as the continent's many textures and colours. In *Cultures of South Africa: A Celebration*, author Peter Joyce and photographer Roger de la Harpe celebrate this extraordinary diversity – of tradition, custom and history – and contextualise the richness of the people and places within the cultural landscape that is the legacy of South Africa.

SCENIC SERIES

This series offers a visual celebration of the scenic splendour, cultural diversity, wildlife and architecture of southern Africa's most extraordinary and magnificent regions. Glossy, full-colour photographs are accompanied by detailed captions.



SCENIC SOUTH AFRICA • Sean Fraser
978-0-62022-617-2 • World rights
215 x 280 mm • Hb • 84 pages • 200 photographs
Also available in Dutch as *Kleurrijk Zuid Afrika*
978-9-06113-884-6



SCENIC CAPE TOWN • Mark Skinner
978-0-62403-793-4 • World rights
215 x 280 mm • Hb • 128 pages
200 photographs



SCENIC KWAZULU-NATAL
Roger and Pat de la Harpe
978-1-91993-841-7 • World rights
215 x 280 mm • Hb • 84 pages • 200 photographs



CAPE TOWN – The story of Cape Town, Robben Island and the Cape Peninsula • T.V. Bulpin
978-1-92028-910-2 • World rights
215 x 280 mm • Hb • 112 pages • 180 photographs

KEY TO CAPE TOWN

Your insider's guide to exploring the Mother City
Toast Coetzer and Samantha Reinders

978-1-91993-886-8 • Paperback • 275 x 190 mm
220 pages • World rights



NEW

978-1-92028-953-9

Flexibound

150x210 mm

184 full-colour pages

World rights



FREEWHEELING

Southern Africa's best multi-day MTB trails

Fiona McIntosh

With detailed descriptions, gradings, elevations, profiles, logistics and altitude gain

From short, easy one-night escapes suitable for the whole family, to hard-core mountain adventures that will test even the most experienced, competitive racers, the 34 trails of southern Africa's best multi-day trails and wilderness journeys featured in this book cover the full spectrum of mountain bike tours on offer in South Africa and neighbouring countries.

Whether you want to ride with big game, along empty beaches, through verdant forest or across barren deserts you'll find a trail to suit, and there are also some specialist trails that are aimed at birders, gourmands and culture-vultures. As the waiting lists for the stage races grow (and with them the entry fees) touring offers an alternative way to get your dirt fix – an active holiday with a group of friends or family.

FIONA McINTOSH

is a freelance writer, photojournalist and editor who is also an avid hiker, cyclist, diver, mountaineer and paddler.

EBOOK
AVAILABLE

978-1-920289-69-0



978-1-92028-914-0

Trade Paperback

233x152 mm

288 full-colour pages

World rights



SLACKPACKING

A guide to South Africa's top leisure trails

Fiona McIntosh

Slackpacking is backpacking without the hassle, allowing hikers to travel light while someone else takes care of the overnight bags.

Edited by hiking legend David Bristow, this comprehensive full-colour guide, illustrated with maps and photographs, covers every day of each trail in detail, with useful information such as distance, terrain, average walking time, cost, the degree of difficulty, the recommended group size, the type of accommodation offered, when best to walk, what to take and who to contact to make all the arrangements.

The book covers luxury, guided and catered trails, community-run guided trails and unguided, self-catered trails.

'Slackpacking is hiking for lightweights.'
– Horizons Magazine

'... there is nothing slack about the research that has gone into this excellent guide.'
– Psychologies Magazine



GETAWAY GUIDE EASTERN CAPE & WILD COAST

Michael Brett

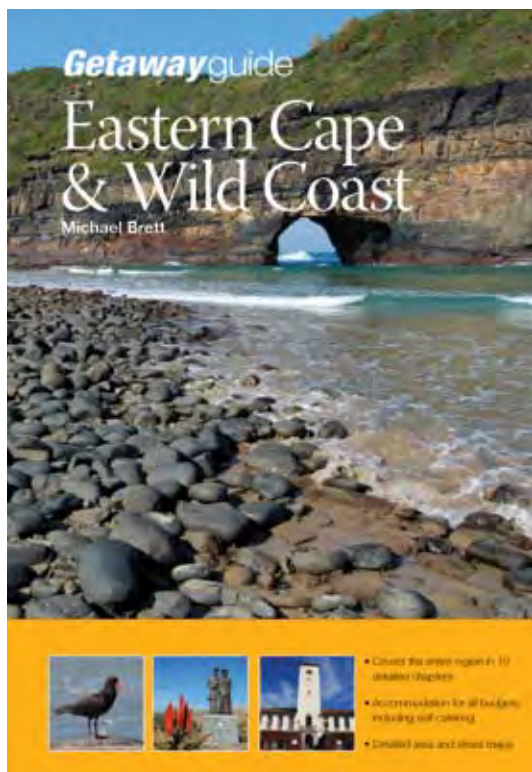
 978-1-92028-958-4

978-1-92028-921-8
Trade Paperback
210x145 mm
320 pages
World rights

The Eastern Cape province has something to offer every visitor, whether you are looking for a relaxed beach holiday or a close encounter with wildlife, a cultural experience or a trip back into history.

This authoritative and comprehensive guide:

- Covers the entire region in 10 detailed chapters
- Accommodation for all budgets, including self-catering
- Detailed area and street maps.



MICHAEL BRETT is a writer, cartographer and photographer. He is the author of 13 books on national parks and travel in South Africa, Kenya and the USA.



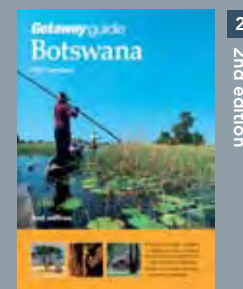
978-1-92028-908-9
World rights ▪ 210x145 mm
Paperback ▪ 224 pages



978-1-92028-929-4
World rights ▪ 210x145 mm
Paperback ▪ 192 pages



978-1-92028-936-2
World rights ▪ 210x145 mm
Paperback ▪ 208 pages



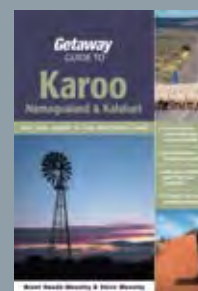
978-1-92028-931-7
World rights ▪ 210x145 mm
Paperback ▪ 192 pages



978-1-91993-853-0
World rights ▪ 210x145 mm
Paperback ▪ 192 pages



978-1-91993-891-2
World rights ▪ 210x145 mm
Paperback ▪ 224 pages



978-1-91993-858-5
World rights ▪ 210x145 mm
Paperback ▪ 192 pages



THE ROMANCE OF CAPE MOUNTAIN PASSES

Graham Ross

978-1-92028-951-5

Hardback

240 x 168 mm

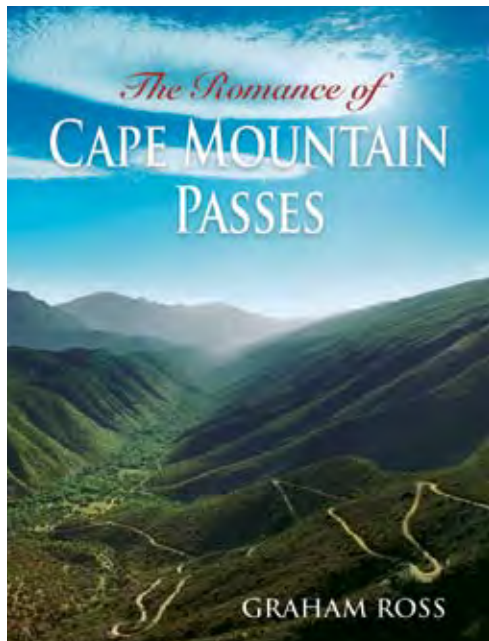
240 pages

World rights

There are more than 490 mountain passes in the Western, Eastern and Northern Cape provinces, in areas of spectacular natural scenery. Many of them are more than a century old and the product of considerable engineering feats.

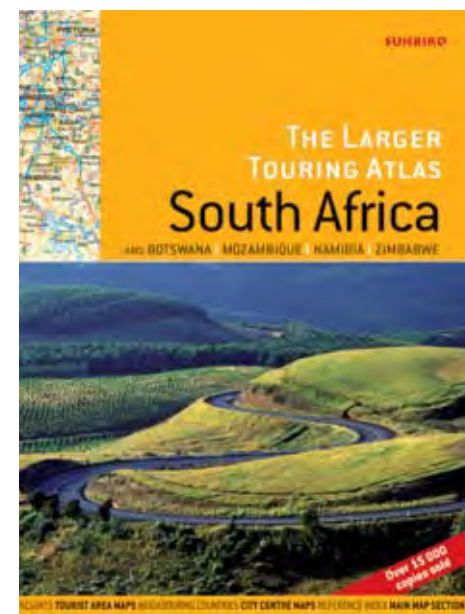
This book tells the story of about 50 of the best known or most significant Cape mountain passes.

Illustrated throughout with full-colour and sepia photographs and accompanied by helpful maps, *The Romance of Cape Mountain Passes* is a book for those with a love of the open road, an interest in history and a delight in the triumphs of engineering, human ingenuity and imagination.



AFR

978-1-91993-884-4



AFR

978-1-91993-893-6

TOURING ATLAS AND THE LARGER TOURING ATLAS OF SOUTH AFRICA

And Botswana, Mozambique, Namibia and Zimbabwe

John Hall

978-1-92028-917-1

Paperback | 387 x 297 mm

80 pages | World rights

978-1-91993-883-7

Paperback | 215 x 280 mm

80 pages | World rights

18 main map pages and 26 key areas of interest showing:

- A detailed road network with numbers on main routes
- Toll roads to help plan your journey
- Places of interest, water features and holiday resorts
- National parks and nature reserves
- 13 town centres
- Over 65 000 copies sold.

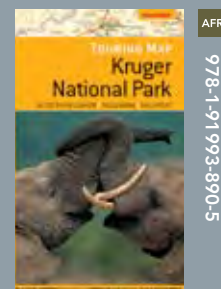
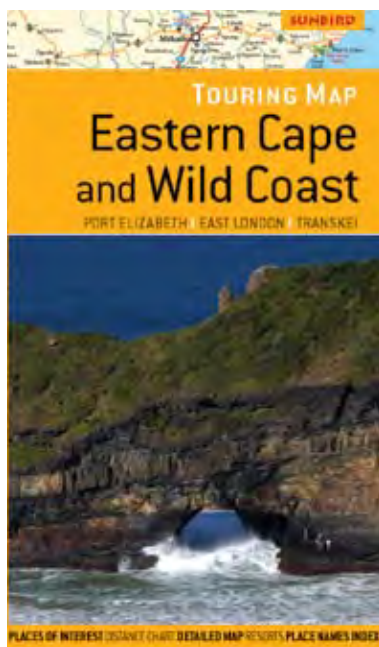
TOURING MAP EASTERN CAPE AND WILD COAST

978-1-92028-952-2

Scale: 1:750 000

A folded road map of the Eastern Cape and Wild Coast featuring:

- A detailed map with road numbers and distances on main routes
- Places of interest, water features and holiday resorts
- National parks and nature reserves
- Street plans of Port Elizabeth, East London, King William's Town and Bhisho, Grahamstown, Graaff-Reinet, Cradock, Somerset East, Jeffreys Bay (Dolphin Beach), Port Alfred, Kenton-on-Sea, Coffee Bay, Hole in the Wall, Hogsback and Port St Johns
- Detailed area maps of Addo Elephant National Park and Shamwari Game Reserve
- The best value on the market.



978-1-91993-888-2

Scale: 1:250 000



978-1-91993-874-5

Scale: 1:1 500 000



978-1-91993-876-9

Scale: 1:3 300 000



978-1-91993-885-1

Scale: 1:750 000



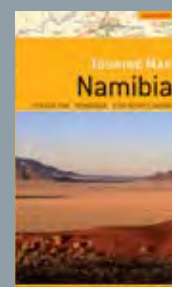
978-1-91993-875-2

Scale: 1:5000



978-1-91993-889-9

Scale: 1:470 000



978-1-91993-882-0

Scale: 1:1 500 000



978-1-91993-881-3

Scale: 1:3 300 000



978-1-91993-855-4

Scale: 1:350 000

JONATHAN BALL & SUNBIRD PUBLISHERS

Johannesburg

Telephone		+27 (0)11 601 8000
Facsimile		+27 (0)11 601 8183

PO Box 33977, Jeppestown, Johannesburg 2043, South Africa

Cape Town

Telephone		+27 (0)21 469 8900
Facsimile		+27 (0)21 469 8901

PO Box 6836, Roggebaai, Cape Town 8012, South Africa

Publishing Director		Jeremy Boraine
Publisher		Ingeborg Pelser
Sunbird Publisher		Ceri Prenter
Publicity		Anika Ebrahim Cell: +27 (0)82 551 4171 aebrahim@jonathanball.co.za
Sales & Marketing		Nicky Stubbs Tel. +27 (0)21 469 8900 nicky.stubbs@bookpro.co.za
Customer Services		Tel: +27 (0)11 601 8088 orders@jonathanball.co.za

Manuscript Submissions

Please consult our website www.jonathanball.co.za or post your submissions to Jaclyn Woods at the Cape Town office.